



Lakeside Buzz



November 2020

HELLO FROM THE PRESIDENT (Jim McMinn)



The month of November is a very significant time when Canadians pause to honour and remember the men and women who have served as members of our military. It is a time to remember their selfless sacrifices and courage, and that of their families and loved ones. As we approach November 11, let the words, "Lest we forget" resonate in our hearts and minds as we pay tribute to them for their steadfast commitment to defending our freedom and rights. For that we are deeply grateful.

As you all know, we've been going through a very tumultuous year with lots of changes in our personal and family lives, our communities, our club and, of course, much more. We are having to adapt and think outside the traditional box if we want things to come together so, at Lakeside, we are trying to use Zoom to facilitate our general meetings, our interest groups and activities. However, to make this happen we need your help, so will you please step up as the possibilities are unimaginable with your support and suggestions. Let's stay connected. Together, let's try adapting for the challenges that are before us now and possibly for many months to come.

Our featured management team member this month is Lynne Stewart, Activities Coordinator, who has lots of great ideas to keep Lakeside alive, so tell her about your ideas too.

HELLO FROM THE ACTIVITIES COORDINATOR (Lynne Stewart)



I'm Lynne Stewart and I joined PROBUS Pickering Lakeside in January 2019. At first I found it a bit overwhelming. There was so much to do I couldn't decide what to pick - I wanted to do it all - but I eventually selected a couple of activities knowing that I could always join others.

The trip to Newfoundland with a great bunch of PROBUS members was one of the best experiences ever. Well, that didn't last long as COVID attempted to suck the life out of everything fun and adventurous. But wait, there is life out there and on Tuesday October 27th we had our first virtual Lakeside Ladies "Let's Talk" event where we shared a few laughs and enjoyed the chance to talk to each other. Going forward, the meeting will be on the last Tuesday of the month so please join us. I've also made some contacts through my work with the City of Pickering and other social groups and you have my word that I will try to get us up and going with as many activities as possible in accordance with all COVID protocols. The biggest problem is finding people like yourself to assist but, if you're willing to head one up, I can assure you that we will provide all the help needed and you will never be left on your own if you need guidance. Please send me a quick [email](#) if you want to help or have any suggestions.

NEXT GENERAL MEETING

Now it's established that, until further notice, we will be holding our monthly general meetings via Zoom, the next one will be Wednesday, November 18 from 10 a.m. to noon. Peter Jennings is the guest speaker, whose topic is "Why Being Happy Matters", so be sure to [register here](#), if you haven't already, as we need to know the number of attendees. We urge you to stay connected and attend our monthly meetings as they're still fun, interesting and informative and we want to make sure our members have the advantage of getting together during these tough times, even if it is remotely. Please also let us have your feedback on these meetings, and whether there's anything you would like to see or if you have any suggestions on how to make them better, as this is your club and we're trying to keep the virtual meetings as social and entertaining as possible.

VOLUNTEERS (desperately) NEEDED!!



An email was sent on October 13 urging members to step up and volunteer to run some online activities, and asking for one or two Zoom coordinators. The management team has some great ideas about various activities that can be held remotely but they just can't happen unless you volunteer to make them happen and it has to be a joint effort by us and Lakeside members. [Peter Green](#) is more than willing to assist and train, and PROBUS Canada is also holding training sessions to encourage the continuation of the clubs remotely. As most of us will have lots of time on our hands this winter, volunteering is an excellent opportunity to

perhaps step outside your comfort zone and learn how to organize events online and we urge you to do so to keep the club going until we're able to meet in person again. Learning new things is cathartic and gratifying at any age so, even if you're not that familiar with technology, this is your chance to try something new and help keep the club going. Please contact [Lynne Stewart](#), Activities Coordinator, or [Peter Green](#), Webmaster, if you're able to help us out, or if you have any ideas for anything we can do online as a club, it's imperative we stay connected by staying apart, both for our mental and physical well-being, and nothing ventured, nothing gained.

OTHER NEWS

Unfortunately, all social activities and day trips have been suspended for now, including the Christmas lunch at Deer Creek, but Lorna Ware, Social Coordinator, is eager to get going again as soon as we get the go ahead to do so. The good news is that Eileen Higdon is still running the easy hikes/walks every week until February, weather dependent, but golf is over for the season. There have been suggestions for X-country ski-ing and snow-shoeing so, if anyone would like to run these or any other COVID-safe outdoor events, please contact [Lynne Stewart](#), as keeping fit and active is extremely important over the winter months.

LAST LAUGHS

First day back at school after lockdown 🤔😬👧👦

