

April 2021



MESSAGE FROM THE PRESIDENT:

Hello everyone! It would seem we are off to a great start to spring with fantastic weather, birds singing, people walking their dogs (or the other way around), hikers, walkers, cyclists, kids playing in the park, full store parking lots and much more. WOW! You would think that we are all anxious to get out, and that good things are coming our way! Yes, let's return to more

normal times, but reminding ourselves to follow the public health guidelines to keep us healthy and safe.

It's been wonderful to be able to attend our various activities and events at Lakeside, although it may not be everybody's preference, there are some exciting things happening via ZOOM and now Facebook. It is evident that we are doing some innovative things which are bringing us together as a club. What's really impressive is the variety of activities and those that are providing leadership.

There is little doubt as a club that we are fortunate to have very talented and resourceful members who continue to offer us interesting events each month, each one sharing their experiences and hobbies to the benefit of us all. We are fortunate to have those with backgrounds in technology that have been able to help our club transition in these challenging times and into the future. And not to forget those members who have been steadfast with Lakeside since its beginning. I appreciate all you have continued to do for our membership. And to think we are all volunteers that make this club happen. All this to say that our members are at the heart and core of why we exist, and despite COVID many volunteers have come forward to keep our club active and vibrant over this past year.

There is always a need for more volunteers. Join us! Our Management team is now in the process of looking for members who would be interested in taking a Management position for 2022. PROBUS Lakeside needs you. Let us know if you are interested.

Don't forget to check out your new club website and Facebook if you have not done so. Thanks again for our tech team for the time spent creating these for us all. On behalf of your Management team best wishes for Easter and Passover celebrations.

<u>Jim</u>

SPEAKERS Report

We have the amazing story of Paul Frey lined up for April. Author Nancy Silcox will narrate the adventures of this local boy who, from humble beginnings and several turns in the road, was able to follow his dreams and become a world renowned opera singer.

Then in May we have **Bruce Mackay** joining us to talk about **Cannabis & the Brain**. Bruce has a PhD. in Neuroscience and is the Chair of the Psychology dept at Wilfrid Laurier University. I have heard nothing but good things about this talk from other PROBUS clubs, so it should be fun. Unfortunately, free samples cannot be provided over Zoom. Laura

The SOCIAL SCENE

The March 8th demonstration of our new website and Facebook page showed you how it will be easier to register for any event. You will no longer be receiving invitations to every activity available. Instead, you will receive an invitation to those activities you have shown an interest in. You can still register for any activity, you will just have to go to our website and register there. A confirmation will be sent out along with the "join" button once you have signed up.

The next **Technology** workshop will be on Twitter and Instagram. Stay up to date with this group's activities by referencing the Keep Updated section on the <u>Technology Page</u>.

Sports Talk is back! After a short hiatus, Rick Crompton, our resident Community Knowledgeable Sports Guy, will facilitate an interactive session of fun and sports talk. Be it the Raptors, TFC or Argos, he knows! He is even asking why Man. City is so dominant this season. Please join him, you will not be disappointed. Even non-sports types will enjoy this!

Not only is "Sports Talk" back but **golf** is not far off! Peter Lewarne is our Golfing Coordinator and will be organizing games at Spring Creek Golf Club. This is a 9 hole course. Details TBA...

Peter will run a Zoom Bridge game trial event in April. You will need to be a BBO member

Lakeside Cocktail Hour! On every last Friday of the month, sign in at 5:00 pm for some conversation and cocktails. You'll have to supply both I'm afraid.

Lakeside Ladies Let's Talk - It is spring, it is April and the flowers are starting to show their lovely buds. Any plans?

Gardening - in March we had two meetings back to back. One to share your ideas on where we should be in our garden plans for April. The second meeting was a discussion by one of our own members Janet Boychuk on pollinator gardens and how we can support the Butterfly Project.

Crack the Case-Julius Caesar fell in less than two minutes but Niagara Falls took much longer. We still managed to solve 8 cases in the hour.

Cooking/Baking Classes - The curry chicken and rice pilaf were a big hit at my house and we have had great feedback from our members. Thanks to Jyoti for the wonderful recipe

In April, we will be making Irish Stew and Soda Bread. Please note that we have changed the time for this to noon as we want to allow time for the Stew to simmer.

BTW-There is now a new folder in our PPLC Google Files folder with all of the recipes we have featured to date. The link is <u>PPLC Recipes Google Files folder</u>

Not a Book Club met on March 9th and has come up with another great list of books. You will never have a dull moment when you have either a book or tablet in hand. If you are interested in a copy of our book lists, let me know.

Things the library offers event-was very informative. Check out the details here.

Trivia is so much fun. However, we have worn host Allan Tibbles out so for April we will be trying our own **Team Trivia** event.

The movie club. The concept is that we would watch a movie and then get together to discuss it. You present a movie and then will conduct the meeting. There is always information online with questions and comments about how to do this. The next movie will be Knives Out. It can be found on Prime or pick up a copy at the George Ashe Library in Pickering. If you live outside of Pickering check with your local library for a copy.

Music- We have a member who would be interested in starting up a group featuring music. Maybe we could have a meet and greet meeting to see what you would like to do. One thought is to talk a bit about Broadway Musicals, sing a couple of tunes (no one would hear you) and then have a short trivia game on the featured musicals.

Zumba -On April 14th we will be having a complimentary Zumba class with a certified instructor. This class will be held on ZOOM. If you have always wanted to try Zumba now is your chance. Come out and dance away and get fit at the same time. Most importantly have FUN!

Arts and Crafts-Star Project - Thank you to our talented Laura Green. The project was enjoyed by all. Can we count on you coming up with another idea?

Lynne

For more information or to sign-up for any of the above, click on the link below and be sure to check the website regularly for any updates. April Calendar:

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8 11:00 AM Lakeside Ladies Le	9 10:00 AM <u>Technology - Twitte</u>
12 2:00 PM <u>Movies</u>	13 1:00 PM Not a Book Club	14 11:00 AM ZUMBA 2:00 PM Sports Talk	15 12:00 PM International Cooki	2:00 PM BBO Bridge
3:00 PM Team Trivia	20	21 10:00 AM April Monthly Meeting	21	21
26 11:00 AM Gardening- Spring	27	1:00 PM Crack the Case	29	5:00 PM Lakeside Cocktail

MEMBERSHIP report

Our club currently has 334 members. Welcome to 7 new members in March - Debbie B, John B, Nicole S, Lynn S, Kim B, John B, Jane G.

Sharon



SPECIAL EVENTS Report

I am in regular contact with bus companies and other entertainment outlets and here is what I'm hearing: Our bus companies are ready to go, and our travel associates will work with us when social distancing is no longer an issue. Safety of our members is paramount to moving forward."

ARMCHAIR TRAVEL IN 2021: the real thing optimistically in 2022 !! Check out these amazing YouTube travelogues (With thanks to Don C for forwarding this info to me):

Venice, Rome, Tokyo, Hong Kong

Lorna

WEBMASTER Report

The upgrades to our website and our mailing lists were completed successfully last month. Thanks to everybody involved in making that so seamless and stress free.

Peter

FACEBOOK Report

To date we have had 94 members join our Facebook Group page. Lots of members have been sharing their posts with us. I have also posted the link to our March monthly meeting with our guest speaker. The link for our recipes has been added as well to Facebook and PPLC Google Files folder.

If you are interested in joining our Facebook Group please click on the link <u>PROBUS</u> <u>Pickering Lakeside | Facebook</u>

Valerie

Imponderables

- Why is the time of day with the slowest traffic called rush hour?
- Why isn't there mouse-flavored cat food?
- Why do they sterilize the needle for lethal injections?
- Why don't sheep shrink when it rains?
- Why are they called apartments when they are all stuck together?
- If flying is so safe, why do they call the airport the terminal?

Useful Links:

Ontario Ministry of Health - Covid Updates

- <u>Vaccine Updates</u>

City of Pickering Adults 55+ - Seniors Without Walls program