



May 2021

Message from the President



These are most definitely times when we need to embrace the saying, "There are better days ahead." As a club we are endeavouring to do our very best to provide opportunities for us, as members, to join in activities, meetings and events. Our calendar looks amazingly full thanks to the collective efforts of Lakeside members and an openness to using ZOOM, Facebook and other media. We are having lots of fun, laughing, learning, building relationships and enjoying the company of each other. Please be sure to join us--- and let's stay connected especially because of the long COVID road we have been on and the restrictions.

This past week I signed up for Team Trivia hosted by Peter (the techie) Green. It was a great experience that really demonstrated how technology can benefit us. As players we came together, received our trivia questions and then were whisked into our team rooms. There were three of us in our team where we chatted about the questions and came up with answers (well... some anyway). We enjoyed visiting with each other and felt very connected-a neat way of being together. We then moved through cyberspace and reappeared one by one with the rest of the players on the other teams. You have to try this type of meeting --- Trivia with a twist. Secretly, as a non techie, I was concerned that Peter was going to leave us in the great beyond or the outer limits never to return, but it was just fine (LOL).

As I said at our April General meeting, we are very fortunate as a Club to have so many options available to us that are the result of members' efforts and creativity. This month May is filled with many fun and interesting activities which I am looking forward to joining, and hoping to see you.

I want to acknowledge that Sunday, May 9th is Mothers Day, a time to recognize mothers, step mothers, grandmothers and other women who have significantly influenced our lives. Ladies, thank you for your inspiration and caring. Please be sure to stay connected through our website (probuspickeringlakeside.ca), [Facebook](#) (105 members to date) and the BUZZ newsletter.



If you have any suggestions, ideas or comments please be in touch with me at pplc.president@gmail.com. We appreciate your feedback.

All the very best and take care, Jim

The Social Scene

We have been very busy bringing you new and improved sources of information and more activities. Valerie Rodrigues and Peter Green have managed to set up a few new ones.

As you know, you will no longer be receiving invitations to every activity available. Instead, you will receive an invitation to those activities you have shown an interest in. You can still register for any activity, you will just have to [go to our website](#) and register there. A confirmation will be sent out along with the "join" button once you have signed up.

The **Movie Club** will be meeting Monday May 3rd at 2 p.m. The movie is the Perks of Being a Wallflower and can be found on Prime or or YouTube at:

<https://youtu.be/cdmz59jNuO8>.

ZUMBA will be weekly as of May 4th at 11 a.m. Join the fun. The music and movements are all doable.



If ZUMBA isn't your thing, what about **Gentle Fit Cardio** on May 6th at 10 a.m.? I am looking forward to trying this one. If we get a good response, we will offer more classes.

The next **Technology** workshop will be on Facebook on May 7th at 10. Stay up to date with this group's activities by referencing the Keep Updated section on the [Technology Page](#).

Not a Book Club, May 11 at 1 p.m. and **Lakeside Ladies Let's talk** May 13th at 11 a.m. continue to entertain us. Give them a try, we sure laugh a lot.

In our **International Cooking** sessions, Barb McGrath will be the featured chef Thursday May 20th at 3. She will be cooking a Tomato Sausage Risotto. Cook along with Barb or just watch. It will prove to be a good experience either way. BTW, I tried this already

and it was so good!

We would be amiss if we didn't thank Sharon McMinn for her Soda Bread and Irish Stew. I am not Irish so both were new to me but will not be forgotten!

There is now a new folder in our PPLC Google Files folder with all of the recipes we have featured to date. The link is [PPLC Recipes Google Files folder](#)

Team Trivia worked out well and will return on May 10th at 3. This is a very popular activity so make sure you book it sooner than later. Your Trivia Organization Team now consists of Roy, Peter & Valerie so thanks to these 3 volunteers.

We will continue to chat about how our **gardens** are doing this month on May 24th at 11 a.m. Did you get your planting all done?

Crack the Case will be on May 26th at 1 p.m. The mystery could feature Screaming Mimi or an Alarming Experience depending on how far we get. Don't be shy. We don't bite! There have been no vampire sightings yet.

We will be trying **Euchre** using Trickster cards along with Zoom. This is open to both Men and Women. Our first event will be held on May 17th at 7:00 PM

The monthly **Cocktail hour** will be at 5 p.m. on May 28th. Don't miss it. It is always a jolly way to start the weekend.

Golfing and **Easy Hiking** should be back before the summer ends, cycling could turn up, a car rally might just come together and a walking challenge would work even in our COVID lives. Keep watching the website for news - it is updated a couple of times a month!

Finally, we are always looking for new ideas. If you have any, please let me know. We do have a couple of things in the works but are always looking for more.

A summary listing of all the events currently planned for May is shown below, Click on on any link for more details or to register. You can also see the [Calendar view here](#).

[Lynne](#)

Listing of Events by date:

[Movies](#) - 3 May 2021 2:00 pm

[ZUMBA \(session 2\)](#) - 4 May 2021 11:00 am

[Gentle Fit Cardio](#) - 6 May 2021 10:00 am

[Technology - Facebook](#) - 7 May 2021 10:00 am

[Team Trivia](#) - 10 May 2021 3:00 pm

[ZUMBA \(session 3\)](#) - 11 May 2021 11:00 am

[Not a Book Club](#) - 11 May 2021 1:00 pm

[Lakeside Ladies Let's Talk](#) - 13 May 2021 11:00 am

[Euchre](#) - 17 May 2021 7:00 pm

[ZUMBA \(session 4\)](#) - 18 May 2021 11:00 am
[May Monthly Meeting](#) - 19 May 2021 10:00 am
[International Cooking](#) - 20 May 2021 3:00 pm
[Gardening- Spring Planting](#) - 24 May 2021 11:00 am
[ZUMBA \(session 5\)](#) - 25 May 2021 11:00 am
[Crack the Case](#) - 26 May 2021 1:00 pm

Speakers Report

For those of you who may have missed our last speaker, Nancy Silcox. [Click here](#) for a recording of her presentation.

Nancy came to us as a recommendation from a western Ontario PROBUS club and I am continuing to be in contact with other clubs from further afield to seek speakers from outside our normal area - using Zoom has some benefits! As such, I have a couple of highly recommended speakers lined up for the next two months.

For May we have Dr. Bruce McKay, a professor and Chair of the Department of Psychology at Wilfrid Laurier University. who will give us a very entertaining presentation on "Cannabis and the Brain". Then in June, we have an Improv specialist. Robin Clipsham, who will talk to us about the benefits of improv comedy for our well-being and health. Some members of our club will be 'volunteering' to help Robin demonstrate this so it will definitely be a lot of fun.

[Laura](#)

Membership Report

Thank you for all the April renewals being done so quickly. We appreciate your prompt replies and are glad that you are choosing to stay with us. Our membership is 325. May renewals are being forwarded to members three weeks before the renewal date. Hope you are planning on staying with us. Take care!

[Sharon](#)

Ask a Techie:

We're trying something new. We thought we would reach out to our members and ask them if there is any general question about technology they would like us to answer. This month we are addressing a question that came up recently in our Instagram/Twitter Technology session - *If companies like Twitter give us the application for free - how do they make their money?* Find answer here: [Tech Question Twitter.pdf](#)

Other questions that we will be responding to in future newsletters include "Cars now come with connectivity. *"We hear names like Apple CarPlay and Android Auto. What is the difference between the different apps?"* and "*I remember Napster - but could never figure out how they made any money encouraging us to illegally download free music?"*

Send your questions to pplc.webmaster@gmail.com and we will try to find an answer for you.

[Peter, Elaine & Valerie](#)

Facebook Report

To date we have had 105 members join our Facebook Group page. Lots of members have been sharing their posts with us for our Photo contest. Photo contest ends April 30th.

We will be holding a Facebook technical class on May 7th at 10:00 am. Click here to register: [Technology](#)

The link for our recipes folder has been added to Facebook.

If you are interested in joining our Facebook Group please click on the link [PROBUS Pickering Lakeside | Facebook](#)

[Valerie](#)

Brain Exercises:

Think you're smart? Try these: [BrainExercises.mp4](#)

Some more Imponderables:

- Do crematoriums give discounts for burn victims?
- Is it OK to use the AM radio after noon?
- When cheese gets its picture taken, what does it say?
- If they squeeze olives to get olive oil, how do they get baby oil?
- Why isn't 11 pronounced tenty one?
- If a word in the dictionary were misspelled, how would we know?

Your Management Team

President - [Jim McMinn](#)

Treasurer - [Peter Davidson](#)

Membership Coord - [Sharon McMinn](#)

Social Coord - [Lorna Ware](#)

Speakers Coord - [Laura Green](#)

Webmaster - [Peter Green](#)

Member-at-large - [Valerie Rodrigues](#)

Member-at-large - [Elaine Phipps](#)

Activities Coord - [Lynne Stewart](#)

House Coord - [Eileen Higdon](#)