

Message from the President

January 2022



So after 2 steps forward, it's 1 step back. Omicron certainly negatively affected our Christmas season and I'm sure it did for a lot of you too. Then the club has had to change our plans for January and go back to more online events. Sadly, this is particularly so for our AGM and 3rd birthday that was scheduled for Tuesday, January 18th. This was planned to be our first indoor meeting in 20 months but with the safety of our members being our prime concern, we have had to go back to an online format for this celebration.

But let us not forget what we did achieve in the last few months of 2021. We had some great Toronto tours with Bruce Bell, some bus trips, 5 pin bowling, Euchre and a lot of meals out.

Of course, we also had our Christmas luncheon which was a tremendous success with over 160 in attendance. This was not a lucky coincidence! This was as a result of a lot of work done by a lot of people so I would like to acknowledge and thank Candice Blake as the main organizer and all of her team who were (in no particular order): Valerie Rodrigues (and her sister Ivy), Lynne Stewart, Virginia MacKay, Laura Green, Jim & Sharon McMinn, Gail Gobeil, Vicki Trusdale, Elaine Phipps, and Pauline Field. Plus let's not forget the facility staff, Laura Green and Judy Scott (for arranging for Mark Kersey, an amazing musician, to entertain us) and all the members and local organizations (Amici's, Sabrina's & the Royal Ashburn Golf Clubs - thanks Bonnie Cutter) who donated prizes. We had over 50 prizes so Jim and I were quite exhausted after giving them all out. Well done one and all (and for those I may have missed please accept my apologies)! So now we are into January and being a curious soul I decided to google that and came across a site called "Almanac.com". Did you know that there are a number of special days in January as follows:

- January 1: Z Day (On this day, those whose last name begins with "Z" get to go first instead of last.)
- January 3: National Chocolate-Covered Cherry Day (yummy!)
- January 6: National Bean Day (I like the Chocolate-Covered Cherry idea better!).
- January 10: National Houseplant Appreciation Day.
- January 14: National Dress Up Your Pet Day.
- January 20: National Penguin Day.
- January 22: National Answer Your Cat's Questions Day
- and last but by no means least January 29: National Puzzle Day.

I also discovered that the month of January (and also February) was not originally in the ancient Roman calendar as the winter months were considered dormant. Until 450 BC, the Roman calendar had just 10 months, beginning in March. Just forgetting about January and February entirely sounds like something we should consider doing again this year with Omicron in full swing!

Take care, <u>Peter</u>

Speakers Report

On Tuesday, January 18th, starting at 4:15pm, we will be hosting our Annual General Meeting where we will be presenting our newly elected Management Team; along with getting an update of how our club is doing as we head into 2022.

Laura has managed to get Deidrey Francois back to entertain us with her inspiring and energizing collection of music. Deidrey is a passionate singer/songwriter and a sultry, soulful performer. Deidrey's voice resonates with love and she invokes the full gamut of emotion with music that ranges from gut wrenching blues, rhythmic rock to jazzy joy.

Laura

Membership Report



Happy New Year! Our club continues to grow. In December we welcomed four new members- Joan H, Lorne S, Caroline F and Phil H. At year's end our membership was 308. In 2021 we had 74 new members join us, which is amazing. Thank you to all who renewed with us in 2021 as well. If you have not been able to locate your membership

badge please let me know and I can order a new one for you (at a cost). We are taking new memberships for Pickering residents at this time. All new memberships can be completed on our website. Wishing you all a happy and healthy 2022.

Sharon

The Social Scene

'In every life we have some trouble But when you worry you make it double Don't worry, be happy!'

Those are the words from the song "Don't Worry Be Happy" released in 1988 by Bobby McFerrin. No COVID back then but how appropriate now. Ha! You say. Well PROBUS Pickering Lakeside is a part of your life and we plan on attempting to keep you happy. We are going to try to keep you so busy that you will want to say, leave me alone and that isn't going to happen! As all of the studies point out, as we get older we have to socialize, exercise and keep busy.

We have already posted some activities on your website and are planning on posting more. We have an amazing Social Team who are like Santa's Elves - always busy, always looking for new things, especially now that Christmas is over.

Now you might say, you don't like zoom or have trouble using it. Personally, when I first started using zoom, I hated it. It wasn't hard but I didn't want to look at my face! When did I get so old! Now when I go in, I use it as a mirror and fix my hair!

We have an amazing tech team who have offered to give you a one on one guide on using zoom. All you have to do is send an email to pplc.webmaster@gmail.com and we will get someone to assist you so that you can get involved in our activities via zoom.

ACTIVITY GROUPS

BOOK CLUBS

<u>Cover to Cover Book Club</u> - After three years, Susan Woodward has stepped down as Coordinator of the Cover to Cover Book Club. We want to thank Susan for everything she has done to provide this group with an engaging experience each month. Pauline Field has agreed to take over leadership beginning in January.. The next meeting will be held on **Monday**, **January 31st** at 2pm and the book for discussion will be The Lost Apothecary by Sarah Penner. Note: This club is currently closed for new members but feel free to contact Pauline if you want to get on the waitlist. If you are a mystery fan, why not check out the new Mystery Readers club.

<u>Not a Book Club</u> - The next meeting will be on **Tuesday**, **January 11th** at 1 pm. We plan on discussing your thoughts on the books you received for Christmas. "How to Fix Anything" - Did you receive it? Was the gifter trying to tell you something? Let's talk. We have a few laughs and usually end up with a great list of books to read.

<u>Mystery Readers</u> - We are looking at starting up a new book club for the mystery readers in our group. If you are interested in finding out more, please join us online on **Friday**, **January 14th** at 11am. We will get together to discuss what we envision this new club to look like and the kind of books we would like to see read.

FOOD & DRINK

<u>In the Kitchen</u> - We will be starting this year with some 'comfort food' recipes. We are scheduled to meet on **Thursday**, **January 13th** at 3pm. The selected recipe will be posted closer to the time but the word Tortellini comes to mind!

GAMES GROUP

<u>Bridge</u> - With the recent postponement of the combined Ajax/Lakeside Bridge Marathon planned to start in January the Ajax club will be continuing to run Bridge sessions on the Trickster Cards app and will continue to offer spots to our members. The games will take place on the first and third Tuesdays of each month at 2 pm. If you are interested please contact Harvey Brodhecker (at <u>hbrodhecker@yahoo.ca</u>) for more information.

<u>Euchre</u> will be moving back to Zoom. Next game is scheduled for **Thursday**, **January 6th** at 1pm. This activity will be the first and third Thursday of the month. See you there.

<u>Crack the Case</u> is back! This fun and challenging game asks participants to figure out what happened based on progressively detailed clues. It will be held on **Wednesday**, **January 26th** at 1pm. If you haven't tried it - you don't know what you are missing!!

<u>Trivia</u> will be back! If you were at the Christmas Party you will know the answer to this question - what is the horse's name in the song Jingle Bells? For once I might have a head's up playing Trivia. This might be the first question they ask!. Trivia will start again this month but dates are still being determined.

MOVIE CLUB

<u>Movie Club</u> - Did you know that you don't need to have Netflix or Prime in order to see the movies we select? They are all chosen from free online apps like Hoopla, Kanopy and Youtube. Join us on **Monday**, **January 10th** as we discuss the movie 'My Old Lady'. Starring Maggie Smith and Kevin Klein. This comedy, drama, romance movie finds Klein's character inheriting a house in Paris along with everything in it!

ONLINE CHAT

<u>Ladies Let's Talk</u> - Come join a group of ladies who come together each month to discuss a variety of subjects. No one is ever sure what interesting discussion is in store but on **Friday**, **January 7th** we are going to share our craziest New Year's resolutions.

PHYSICAL ACTIVITIES

<u>Lakeside Weekly Walking Group</u> - As of today, the walking group will continue to get out every Tuesday at 10:30am. The walks will start at the Ajax Rotary Park (the City of Ajax has assured us that the trails will be maintained throughout the winter)

<u>Gentle Cardio Fit</u> - It's back!! Join us for some morning exercise. This program runs each Thursday over five weeks beginning **Thursday**, **January 20th**.

OTHER

<u>Herongate Barn Dinner Theatre</u> on Feb 13 at 11:30. - currently we have 24 of 25 spaces filled. We are not going to cancel at this point in time. Information on this activity will be forthcoming if the situation changes.

On January 3rd your Social Committee will be meeting to discuss other activities we can initiate on Zoom. Currently we have 2 travel logs to launch and a virtual visit of the Edenvale Aerodrome, the home of a replica of the Avro Arrow \rightarrow stay tuned in so you don't miss anything.

Before I shut up, I wanted to ask you to send me any ideas you may have for activities. If we can manage it, we will try it!

Keep up-to-date - continue to check us out on our website at <u>PROBUS Pickering Lakeside</u> - <u>Home</u> and on our Facebook page <u>PROBUS Pickering Lakeside</u> | <u>Facebook</u>.

Lynne

Upcoming Events

- Lakeside Weekly Walking group Tuesday, 4 Jan 2022 10:30 AM Ajax Rotary Park
- Euchre Thursday, 6 Jan 2022 1:00 PM ZOOM
- Lakeside Ladies Let's Talk revised Friday, 7 Jan 2022 11:00 AM Zoom
- <u>Movies</u> Monday, 10 Jan 2022 2:00 PM Online Zoom meeting
- Lakeside Weekly Walking group Tuesday, 11 Jan 2022 10:30 AM Ajax Rotary Park
- <u>Not a Book Club</u> Tuesday, 11 Jan 2022 1:00 PM Online Zoom meeting
- <u>Mystery Book Club</u>
 Friday, 14 Jan 2022 11:00 AM Online Zoom meeting
- <u>Lakeside Weekly Walking group</u> Tuesday, 18 Jan 2022 10:30 AM Ajax Rotary Park
- January Monthly Meeting AGM and 3rd year celebration Tuesday, 18 Jan 2022 4:00 PM zoom
- <u>Gentle Cardio Fitness (session 1 of 5)</u> Thursday, 20 Jan 2022 9:45 AM ZOOM
- <u>Lakeside Weekly Walking group</u> Tuesday, 25 Jan 2022 10:30 AM Ajax Rotary Park
- <u>Gentle Cardio Fitness (session 2 of 5)</u> Thursday, 27 Jan 2022 9:45 AM ZOOM

Our Members Say

As we start to get back to more in-person activities and events, we have been pleased with the many comments coming in from our membership, so we decided that we will start to post some of them in our monthly newsletter. This month our comments came as a result of our Christmas Luncheon held at the Ajax Convention Centre.

We strongly encourage our members to let us know how you enjoy the many activities and events that your Social Committee makes happen. Post your comments on our Facebook page or send to <u>pplc.webmaster@gmail.com</u> and we will publish it in the next newsletter.

"Best festive outfit award" Laura Green (to Vicki Trusdale's impressive elf attire)

"We had a great time at the Christmas party yesterday. In Brownies there was a song 'Make new friends but keep the old. Some are silver and some are gold.' It comes to mind every time we get together. How fortunate are we! I can hardly wait to see the pictures" Lynne Stewart

"Thank you to Candice and all her helpers! Job well done!" Vicki Trusdale.

"Great day". Mary Bennett

"Another fabulous event. Thanks to everyone involved in putting this together." Olga Green

"It was SO nice to see so many people in person. Thanks to all." Marilyn Stamp Smith

"Thanks to the group who put on this event. Great job and much appreciated." Jeannie Harris

"Thank you for a wonderful Christmas party. The social committee and all others are doing an amazing job. Greatly appreciated. Merry Christmas." Carol Robertson

"Lots of fun and camaraderie! Thanks to the organizers and volunteers!!" Linda Therialt Blaschek

"Great event! Many thanks to the organizers and volunteers." Rita Rochefort

"Thank you so much to the committee! It was a wonderful afternoon!" Jan Herdman

"It was a wonderful afternoon. Thank you to the social committee and management team for all their hours of hard work in the planning and providing PROBUS Lakeside members with a fun and successful Christmas event." Sharon McMinn

Elaine

Fun Phrases

- 1. Every box of raisins is a tragic tale of grapes that could have been wine.
- 2. They say we can have gatherings with up to 8 people without issues. I don't even know 8 people without issues.
- 3. Theme parks can snap a crystal clear picture of you on a roller coaster going 70 mph, but bank cameras can't get a clear shot of a robber standing still.
- 4. The more I get to know people, the more I realize why Noah only let animals on the ark.
- 5. Facial recognition software can pick a person out of a crowd but the vending machine at work can't recognize a dollar bill with a bent corner.
- 6. When all this pandemic stuff is over, I still plan to wear a mask. It hides the perpetual look of annoyance I have for most people.
- 7. I never make the same mistake twice. I do it like, 5 or 6 times, you know, to make sure.
- 8. Someone just honked to get me out of my parking space faster, so now I just have to sit here.
- 9. My train of thought derailed. There were no survivors.
- 10. After a year of this pandemic, I'm either going out for ice cream or to commit a felony. I'll decide in the car.
- 11. I know it's time to clean out my purse when my car assumes it's an extra passenger who isn't wearing a seat belt.
- 12. In the 1980s I fell off my bike and hurt my knee. I'm telling you this now because we didn't have social media then.
- 13. Some people seem to have aged like fine wine. I aged like milk... I got sour and chunky.
- 14. Dear Sneeze: If you're going to happen, happen. Don't just put a stupid look on my face and then leave.
- 15. Vegetarians live up to 9 years longer than meat-eaters. 9 horrible, worthless, baconless years.

Your Management Team:

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