

Message from the President February 2022



See! I said in the last Newsletter that we should just ignore January & February as the ancient Romans did and after all the cold days and the snow I shoveled last month I wish we had. However, I also realize that to ignore February would do a grave disservice to our Social Committee. Check out the <u>calendar on our site</u> and you'll get a great visual of all the activities they have organized for us. There are not many empty squares on that calendar are there? What a team!

At our AGM last month I was pleased to present our Management Team for 2022 to you. The good news is that Lynne Stewart is still chair of the

Social Committee as she still has a year left on her term. I want to thank Valerie Rodrigues and Greg Garber for stepping up to the plate and filling the 2 main vacancies we had. Valerie is our new VP and Greg our new Secretary. I also want to acknowledge and thank Peter Davidson (Treasurer), Sharon McMinn (Membership Coordinator) and Laura Green (Speakers Coordinator) for agreeing to stay on for another year having already served their full terms (and more); Elaine Phipps for being both our Webmaster and Newsletter Editor; and Jim McMinn, having been on the team since our club's beginning, for staying on as Past President. Again - What a team!

Oh and also on the subject of our AGM, wasn't Deidrey François an amazing singer and entertainer? As Laura had promised us!

It is coming up to 2 years now since COVID struck and the future is still very uncertain - at least to me. Will Omicron settle down/go away or will it get worse? Will there be another variant? Will we need more and/or different vaccinations? Will there be more lockdowns or will

everybody just give up and start to live with it? Will the Rec Centre renovations get finished? How many more parties will Boris throw without inviting me? Hopefully, things will become clearer as this month progresses and so we will plod on.

So what else does February have in store? Well for one thing today is the Chinese New Year. It is now the Year of the Tiger and any festivities going on will last until the 15th. I'm also guessing there will more snow this month although I no longer have anywhere to shovel it to if it does come. Then there is the Super Bowl on the 13th for those who follow the NFL. It is apparently the largest sporting event of the year. Other than that I'm not sure and so being a curious soul I googled February and discovered that: The name February comes from the Latin word February which means purification. Purification from COVID sounds good! Also the symbols for February are Amethyst (Stone) and Primrose (Flower). Really! February has a flower - wonder where I can pick some? Finally, the old Saxon term for the month, "Solmonath", translates to "cake month". This is because they offered cakes to the gods during this month - which seems a lot better than your normal human sacrifices.

Take care, Peter

Speakers Report



Our speaker for February is Ron Macnaughton who lives in Bolton, ON. Ron has had careers in Civil Engineering, as a High School science teacher and as an Educator in many parts of the world including Africa and the Arctic. Since retiring he has given many science-based presentations to school groups, PROBUS and Rotary clubs. He is also a regular presenter for The Royal Astronomical Society of Canada, of which he is a member.

The title of Ron's presentation to us is "**Technologies to Reduce Climate Change**". Climate change is a concern, but there are solutions - some ready now, others still being researched. Ron will describe 8 areas of technology that will make huge differences to the emissions which are causing climate change. Several of the best ones are being pioneered by Canadian firms.

<u>Laura</u>

Membership Report



Two reminders for our members. Please take a moment and check out your profile to be sure all personal information is up to date. And also please check that your interest groups in your profile are ones that you want to receive emails from us so you are receiving the latest news on our club activities. You will find your profile section when you tap the little blue man on the top right hand side

of your PROBUS account once you have logged in.

Second, please make sure you can find your name badge. We are hoping that in-person meetings are coming soon. If you need a new one please let me know.

<u>Sharon</u>

The Social Scene

I decided to look up what is involved in writing a lively article – "The writer uses hyperbole and colloquial sayings such as "little bit of what we fancy" and "shift the stodge" What? Obviously they didn't go to Ryerson!

On to other things – at our January meeting we mentioned that there are four days left in February that did not have an activity. Now there is only one day! That speaks volumes for our amazing Social Committee. We are working hard and hopefully we will continue to find new activities. I have already received some suggestions from you and plan on following them up. Please continue to send me your suggestions.

We have an amazing tech team who have offered to give you a one on one guide on using zoom. All you have to do is send an email to pplc.webmaster@gmail.com and we will get someone to assist you so that you can get involved in our activities via zoom.

ACTIVITY GROUPS

BOOK CLUBS

<u>Cover to Cover Book Club</u> - <u>Th</u>e next meeting will be held on **Monday, February 28th** at 2pm and the book for discussion will be The Midnight Library by Matt Haig. Note: This club is currently closed for new members but feel free to contact Pauline if you want to get on the waitlist. If you are a mystery fan, why not check out the new Mystery Readers club.

Not a Book Club - The next meeting will be on **Tuesday, February 8th** at 1 pm. Each person will talk a bit about a book they have read and take any questions. Then we will put together a list

of books to read for the month. Of course there are always too many but what the heck, it might snow all day!



<u>Mystery Readers</u> - We launched this new book club last month with great success. Looks like it is here to stay! If you are interested in finding out more, please join us online on **Friday, February 11th** at 11am. This month we will be discussing Ann

Cleeves, a British writer. This is a new format so anything goes. In the second half of the meeting we will ask members about the books they have read in the previous month. Of course, a list of books will be provided after the meeting.

FOOD & DRINK

<u>In the Kitchen</u> - Gudrun, what would we do without you? Your tortellini soup was delicious and now on **Thursday, February 10th** at 3pm, you are going to take us through making warm potato salad and Schnitzel. (I confess, I was bad! I signed up for this and already tried the warm potato salad). It was so good I can hardly wait to make it again.

GAMES GROUP

<u>Bridge</u> - The Ajax club will be continuing to run Bridge sessions on the Trickster Cards app and will continue to offer spots to our members. The games will take place on the first and third Tuesdays of each month at 2 pm. If you are interested please contact Harvey Brodhecker (at hbrodhecker@yahoo.ca) for more information.

<u>Euchre</u> - Great news, we are back at the Legion! Join us on **Thursday, February 17th** at 1:00pm. See you there.

<u>Crack the Case</u> - We will meet on **Wednesday, February 23rd** at 1pm. Murder and more Murder, what can I say. My favourite case is still the guy in the plastic raincoat!

<u>Trivia</u> - As a result of the amazing success of our last session, we will be coming back on **Thursday, February 3rd** at 2pm. You will be placed on a team, sent off to a breakout room with a list of questions, and given a defined amount of time to get the answers. Then we all get back together and see how we have done. Don't worry if trivia is not your thing; that's why you are placed on a team - to work together. And have lots of fun along the way.

<u>Virtual Bingo</u> - Get ready to play Bingo online. On **Wednesday, February 9th**, we will be using a combination of Zoom and an online application where your Bingo caller will start calling out the numbers. We will be playing a few different games.

MOVIE CLUB

<u>Movie Club</u> - Did you know that you don't need to have Netflix or Prime in order to see the movies we select? They are all chosen from free online apps like Hoopla, Kanopy and Youtube. Join us on **Monday, February 14th** at 2pm as we discuss the movie 'Still Alice' starring Julianne

Moore and Kate Bosworth. A linguistics professor and her family find their bonds tested when she is diagnosed with Alzheimer's Disease. Wrapped in a blanket of emotions, 'Still Alice' is slated to be a very rewarding experience.

ONLINE CHAT

<u>Ladies Let's Talk</u> - Come join a group of ladies who come together each month to discuss a variety of subjects. No one is ever sure what interesting discussion is in store but on **Friday**, **February 4th** we are going to share our thoughts on a variety of topics.

PHYSICAL ACTIVITIES

<u>Lakeside Weekly Walking Group</u> - Lynda Borg and Barb McGrath, our walking/hiking aficionados have opened up another location for their winter hikes. Carruthers Creek has been added to the list. Remember to dress according to the weather.

- Tuesday, February 1st at 10:30 we will meet at the Carruthers Marsh Pavilion
- Tuesday, February 8th at 10:30 we will meet at the Ajax Rotary Park
- Tuesday, February 15th at 10:30 we will meet at the Carruthers Marsh Pavilion
- Tuesday, February 22nd at 10:30 we will meet at the Ajax Rotary Park

<u>Gentle Cardio Fitness</u> - Designed for older adults, this session of classes provides a blend on cardiovascular and muscular strength finishing with a full body stretch. Classes are every Thursday at 9:45am, ending **February 17th**. Registration is now closed, but keep checking for the next series.

OTHER

Our Durham



Comedy Time - Glenn Frappier has always been a joke teller with an element of truth. Bring your own drinks and snacks and join us on **Friday, February 18th** at 4pm for unforgettable stand-up comedy.



Nepal - We may not be able to travel, but that isn't stopping us from enjoying a tour of Nepal. Join Peter Green as he takes through his travel log of Nepal and the Himalayas on **Friday, February 4th** at 2pm.



Lakeside Antiques Zoom Show - **Thursday, February 24th** at 2pm. Have you got that 'something' that you just can't throw out because it may be valuable? I am sure you do. I have a couple of things - one being this tea pot called 'The Absent Minded Beggar'. Why don't we get together and share items and ideas and see

what we can do. Maybe start with a china item, then next time do coins and stamps. Who knows, we could start a new monthly activity!

Exciting News -- Herongate Theatre event scheduled for **Sunday, February 13th** is back on. We are pleased to announce that we have reopened registration for the play "Murder at the Howard Johnson". There are only 5 seats left, but don't worry, with our connections, we can always get more!

Keep up-to-date - continue to check us out on our website at <u>PROBUS Pickering Lakeside - Home</u> and on our Facebook page <u>PROBUS Pickering Lakeside | Facebook</u>.

Lynne

Upcoming Events

Lakeside Weekly Walking group

Tuesday, 1 Feb 2022 10:30 AM, Carruthers Marsh Pavilion, Ajax

Euchre

Tuesday, 1 Feb 2022 7:00 PM, ZOOM

Team Trivia

Thursday, 3 Feb 2022 2:00 PM, Zoom

Lakeside Ladies Let's Talk

Friday, 4 Feb 2022 11:00 AM, Zoom

Nepal - Travel Log

Friday, 4 Feb 2022 2:00 PM, Online Zoom meeting

<u>Lakeside Weekly Walking group</u>

Tuesday, 8 Feb 2022 10:30 AM, Ajax Rotary Park

Not a Book Club

Tuesday, 8 Feb 2022 1:00 PM, Online Zoom meeting

<u>Virtual Bingo</u>

Wednesday, 9 Feb 2022 3:00 PM, Zoom

In the Kitchen

Thursday, 10 Feb 2022 3:00 PM, Zoom

Mystery Book Club

Friday, 11 Feb 2022 11:00 AM, Online Zoom meeting

Herongate Barn Dinner Theatre

Sunday, 13 Feb 2022 11:30 AM, 2885 Altona Rd, Pickering

Movies

Monday, 14 Feb 2022 2:00 PM, Online Zoom meeting

<u>Lakeside Weekly Walking group</u>

Tuesday, 15 Feb 2022 10:30 AM, Carruthers Marsh Pavilion, Ajax

February General Meeting

Wednesday, 16 Feb 2022 10:00 AM, zoom

Euchre

Thursday, 17 Feb 2022 1:00 PM, Royal Canadian Legion - Pickering

Comedy Time

Friday, 18 Feb 2022 4:00 PM, ZOOM

Knit/Crochet Club

Monday, 21 Feb 2022 1:00 PM, Zoom

Lakeside Weekly Walking group

Tuesday, 22 Feb 2022 10:30 AM, Ajax Rotary Park

Crack the Case

Wednesday, 23 Feb 2022 1:00 PM, Zoom

Our Durham - Lakeside Antiques Zoom Show

Thursday, 24 Feb 2022 2:00 PM, Zoom

Our Members Say

As our amazing Social Committee begins to increase the number of activities available to our membership, we have been pleased with the many comments coming in from our members, so we decided that we will start to post some of them in our monthly newsletter. This month our comments came as a result of our 3rd Annual General Meeting held on Zoom on January 17th. The following comments were in celebration of our amazing Speaker/Entertainer Deidrey Francois.

[&]quot;Wonderful music! Thanks" Bill & Elaine Phipps

'great job Deidrey !!!!' Janet and David

'Awesome Deidrey we could listen to you all day!!' Bonnie & Geoff Cutten

'Excellent!' Ian/Sue Medford

'What a refreshing and joyous hour of singing, thank you so much' Olga Green

'Love this one' Valerie Rodrigues

'Deidrey that was fantastic !!!' Janet and David

'Deidre you are absolutely amazing. What a pleasure to listen to' Jim and Sharon.

'your joy is infectious' lan/Sue Medford

'You have a beautiful voice and so much charisma, wonderful!' Nicole Spencer

'Fantastic' John & Debbie Bilinski

Some comments on the announcement of Peter Green's assignment to President:

'Peter, you were one of the first people to introduce yourself to me at the meeting of new members at the Park. You made me feel so welcome. Congratulations' Wendy Swerbrick

'Congrats Peter.. we are in good hands' Vicki Trusdale

'That's great news! Congratulations, Peter!!' Virginia McKay

'Congratulations and thanks Peter Green our tech guru!!' Linda Theriault Blaschek

We strongly encourage our members to let us know how you enjoy the many activities and events that your Social Committee makes happen. Post your comments on our Facebook page or send to pplc.webmaster@gmail.com and we will publish it in the next newsletter.

Fun Phrases

- 1. The dumbest thing I ever bought was a 2020 planner.
- 2. 2019: Stay away from negative people. 2020: Stay away from positive people.
- 3. The world has turned upside down. Old folks are sneaking out of the house and their kids are yelling at them to stay indoors.
- 4. This morning I saw a neighbour talking to her dog. It was obvious she thought her dog understood her. I came into my house and told my cat. We laughed a lot.

- 5. Every few days try your clothes on just to make sure they still fit. Pajamas will have you believe that all is well in the kingdom.
- 6. Does anyone know if we can take showers yet or should we just keep washing our hands.
- 7. This virus has done what no woman has been able to do, cancel sports, shut down all bars and keep men at home.
- 8. I never thought the comment "I wouldn't touch him/her with a 6 foot pole" would become a national policy, but here we are.
- 9. I need to practice social-distancing from the refrigerator.
- 10. I hope the weather is good tomorrow for my trip to the backyard. I'm getting tired of the living room.
- 11. Never in a million years could I have imagined I would go up to a bank teller wearing a mask and ask for money.
- 12. Pretty wild how we used to eat cake after someone had blown on it.
- 13. Never in my whole life did I ever imagine my hands would consume more alcohol than my mouth.

Your Management Team:

President	Peter Green	pjgreen01@gmail.com
Vice- President	Valerie Rodrigues	valerie_rodrigues@bell.net
Past President	Jim McMinn	jimmcminn51@yahoo.com
Treasurer	Peter Davidson	pplc.treasurer@gmail.com
Membership Coord	Sharon McMinn	mcminnsharon67@gmail.com
Activities Coord	Lynne Stewart	912lynne@gmail.com
Speakers Coord	Laura Green	pplc.speakers@gmail.com
Webmaster/Newsletter	Elaine Phipps	ephipps@rogers.com
Secretary	Greg Garber	ggarber@sympatico.ca