

May 2022

Message from the President



It was great to see so many people out for our first in-person general meeting in over 2 years. I want to thank those who attended and for wearing their masks - we had 100% compliance with this and that was great. I especially want to thank those people who did not attend because they had had some kind of contact with COVID in the few days prior. It is great to see how well we can help look after each other. I also want to thank Tom McKay for his insights into Crime Prevention - I did my Homework, did you?

Your social committee continues to excel and we are adding more and more in-person events each month. Our first Tastes of the World dinner evening was by all accounts excellent so thanks Maureen K for making this happen. We have a couple of river cruise options coming up, some community walks plans; Golf is now starting up again - thank you Peter L for organizing this again this year; and Gudran F has also taken up the daunting task of teaching a bunch of us how to lawn bowl.

You should also know that it's not just us that are 'back in business':

- The City of Pickering's 55+ Aging Well together program has announced '[In Person Programs are back this season](#)'
- There will be an [Artfest on the Esplanade](#) starting May 28th.
- The Chestnut Hill Developments Recreation Complex (aka The Rec Center) will be hosting a Grand Reopening on May 14th (and will be offering some entertainment and freebies!)
- and the Pickering Museum has also announced that '[Field Trips are back](#)'

Talking about trips, We conducted a brief survey at our general meeting as to what types of events our members are interested in. Thanks to everybody who responded and it appears that the most popular types of events are Multi-Day trips and Cruises, Historical/ Interesting places trips, 'Water trips' (river cruises, tall ship) and Theater trips. The Social Committee will now take action. Sorry ladies but a US Shopping Day did not cut it!

Another interesting and far more important survey is the Canadian Census and the latest figures released just a couple of days ago show that from 2016 to 2021 the number of Canadians aged 65 and older rose 18.3% to seven million (up 16.9% from the time of the last census). They also show that the Canadian population now has a larger proportion of people aged 55 to 64 (the age at which people leave the workforce) than it does of those aged 15 to 24 (the age at which people enter the workforce). To me, these results indicate that in the future there will be a lot of pressure on governments and local authorities to look after this older crowd! So I say again: Thanks to all our volunteers - an active PROBUS club means that us older folks can at least entertain ourselves.

By the way, we recently posted the latest Global Probus Newsletter on our site. You can find it on the Newsletter page ([click here](#)). It is fascinating reading and an indication, to me at least, that barriers are continuing to fall and that PROBUS is becoming a more global /cooperative venture. As I mentioned at our meeting, we as a club are already working more closely with other clubs in Durham. We now share our newsletters and are offering spots on some of our events to other clubs and vice-versa. I believe this new spirit of esprit de corps within PROBUS will likely continue to evolve over the next months and years.

A key upcoming day this month is May 23rd - Victoria Day - and being a curious soul I googled that. I discovered that Victoria Day is Canada's oldest non-religious holiday marking the birthday of Queen Victoria who ruled England for 63 years. Then, following her death, May 24th was decreed as Empire Day across the British Empire - so in theory we should get 2 days off, right? However it turns out that Canada is the only country in the world who still recognises these dates so I guess that is not going to happen. Of course, of much more importance to a lot of us is the fact that this holiday is also the unofficial beginning of summer, the opening up of cottage country and/or a chance for us to open our pools and get back to tending our gardens. As such, a lot of Canadians call it the 'May Two-Four' holiday - a time to celebrate by sharing a case of 24 beers and that works much better for me.

Finally, Happy Mothers Day to all you Mothers out there and I hope this will be an opportunity for you all to get together with family again.

Take care [Peter](#)

Speakers Report

Lianne Harris has been a history, culture, and social studies resource specialist with the Toronto District School Board for almost 20 years and has been the guest instructor and workshop leader for teachers across many school boards in Southern Ontario. She is the author of numerous books and is a contributing author of the Canadian best seller 'The Power of Women United'. In 2003, she was selected as one of Toronto's Women of Influence.



Pursuing her love of art, she has been an exhibiting artist at the Royal Ontario Museum, Roy Thomson Hall, The IDA Gallery, and The Shaw Festival. She has been the keynote presenter at many professional, academic, organization and PROBUS events where her talks focus on the lives and times of different cultures and periods - and she even wears authentic period clothing to make it even more interesting.



Lianne's presentation is entitled '**The Roaring 20's**'. It was a time of the Jitter-Bug and juke boxes, the Bee's Knees and the Cat's Pajamas. Its era had no precedent and its place in history marks it as the most revolutionary decade this last century. It was an era bigger than life, louder than convention--it was the Roaring 20's!

[Laura](#)

Membership Report



Thank you to the members who found the membership table at our April meeting and picked up badges. For those that missed the meeting I hope to see you in May. I have badges for Janet B, Jack B, Vicki B, Tom B, Jane C, Marilyn C, Linda D, Maureen D, Maureen E, Marcelle F, Pat H, Melanie H, Phil H, Wendy K, Don L, Heidi L, Marianne M, Kim M, Nancy M, Dale P, Susanne R, Nicole S, Sylvia T, Kathy W, Chris W, Virginia W and Peter W.

I want to welcome the following newest members to our club: Shaheen B, Lorna S, Marion L, Bob P, Nancy P, Brian W, Gaitrie S and Janette L. Your badge will be at the Membership table as well. Come say hello and pick up your new club badge.

One question that I have had a lot in the past few weeks is about new memberships. We are

taking new members from Pickering at this time. If you have friends who want to join us, tell them to go to our website at probuspickeringlakeside.ca where they can join and pay online.

See you at the May meeting!

[Sharon](#)

The Social Scene

There's nothin you can do that can't be done
Nothin' you can sing that can't be sung

.....

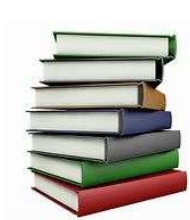
Nothin you can do, but you can learn how to be you in time
It's easy!

Words from the Beatles song - All You Need is Love from 1967.

I was in my teens then and believe it or not that was the year the Leafs won the Stanley Cup!
Boy, what a year!

I digress - the point I am trying to make is that we have managed to get through so much during our lives but it isn't time to roll over and stop doing things, sing, try something new and of course make new friends. Your PROBUS club is here for you and would love to help you take that step. Come on out and try a new activity. If you don't like it, don't do it next time. But what if you really enjoyed it? I didn't think I would like Trivia but it really is fun. How will you know unless you try. So I will end this with "There's nowhere you can be that isn't where you meant to be! See you soon!

ACTIVITY GROUPS



NEW

-- Starting in May, we will be introducing a Book Exchange table at our Monthly PROBUS Pickering Lakeside meetings. How this works is - you bring one book -- you take one book. At the end of the meeting, the table will be empty.

ARTS and CRAFTS

In Stitches - Meets on the third Monday of the month at 1pm. This is a group of like-minded members who enjoy all yarn crafts (knitting, crocheting, etc.). The next meeting is **Monday, May**

16th at 1pm - all interested parties are welcome to join in.

BOOK CLUBS

Cover to Cover Book Club - The next meeting will be held on **Monday, May 30th** at 2pm and the book for discussion will be *City of Thieves* by David Benioff. Note: This club is currently seeking new members. If you are interested in joining, contact Pauline Fields.

Not a Book Club - will meet on **Tuesday, May 10th** at 1 pm. I just finished reading *The Rose Code* by Kate Quinn. It was recommended in the April book club and as our member mentioned it was long but it never felt like you were reading and reading. It will be going on my May recommendation list for sure. – Remember this club will never ask you to read a specific book. It was put together so we could share our various interests in reading. I would never have chosen *The Rose Code* without our group.

Mystery Readers - will meet on **Friday, May 13th** at 11am. This month we will talk a little about Sandra Brown and some of the books she wrote. Last month we talked about Alafair Burke. Do you ever notice how you close one door and another pops open? Well, when we were discussing Alafair Burke, I discovered that her father was also a mystery writer. I read one of his books and shortly after a picture popped up on my Facebook newsfeed of Alafair, her dad and a friend of mine. I know, big brother or someone else is always watching but it was still kind of cool!

FOOD & DRINK

In the Kitchen - Are you busy on **Thursday, May 19th** at 3pm. Why don't you join us on zoom? Nichole Clinton, the chef from Viva has graciously agreed to guide us through a recipe for apple fritters. They might not be as big as the ones from White Feather but I am sure they will be good.

Lakeside Ladies Lunch has been booked for **Wednesday May 11th** at 12 pm at the Portly Piper in Ajax. Reservations are for 25 so make sure you sign up soon!

Meals Out - Our breakfast outing is scheduled for **Monday, May 16th** at Kathryn's in Pickering.

Tastes of the World will take place **Thursday May 19th** at 5 pm at Oline Japanese & Thai Fusion in Ajax. Oline's has put together a group menu for us of their most popular Japanese and Thai meals. All meals include soup and/or salad and will be offered for under \$20! The maximum number is 30 so don't wait too long to register.

GAMES GROUP

Ajax 5 Pin Bowling - Bring a friend or come out by yourself on **Monday, May 2nd** at 1 pm.

Billiards at Petrina's is back on the 1st and 3rd Wednesday of the month starting at 10:30am. The May dates will be **May 4th** and **May 18th**.

Euchre - will be held at the Royal Canadian Legion on **Thursday, May 5th** at 1 pm.

Trivia - It was great fun to get out to the Falcon Brewery for some Trivia last month. This time the questions were a bit easier and a good time was had by all. The winning team was 'Five Sheets to the Wind' and consisted of **David**



M, Dorothy E, Linda T, Maureen K and Virginia M. Second place went to the team of **Greg G, Ron S, Peter D & Geoff C** - aka 'The Spillers' - and if you are wondering where that strange name came from, the photo on the right might give you a clue.



Join us on **Tuesday, May 24th** for some triviality!

MOVIE CLUB

Movie Club - Did you know that you don't need to have Netflix or Prime in order to see the movies we select? They are all chosen from free online apps like Hoopla, Kanopy and Youtube. Join us on **Monday, May 9th** at 2pm as we discuss the movie 'Nights in Rodanthe' starring Richard Gere and Diane Lane. 'A man tormented by a crisis of conscience' coupled with 'a woman whose life is in chaos' - what could go wrong! Filmed in 2009, this movie is available for viewing on Hoopla through the Library.

ONLINE CHAT

Ladies Let's Talk - will meet on **Friday, May 6th** at 11am. If the weather cooperates, we will attempt to have it outside at Alex Robertson Park at the base of Sandy Beach Road. Details will be shared with those who register.

PROBUS Global Ladies Talk - on **Tuesday, May 3rd** at 1pm. PROBUS Global is having a LADIES chat that will be hosted by Marlene Pearce, Past President of PROBUS CANADA and liaison for PROBUS Global. We will be joining ladies from all over the world on Zoom. It should be fun! Note: To participate, you have to join PROBUS Global. The instructions are in the event email.

PHYSICAL ACTIVITIES

Golf - sure evidence that Spring has arrived and Summer is right behind. We will be playing at Spring Creek Golf Club, at 10am, on the first and 3rd Thursday of the month starting on **Thursday, May 5th** and **Thursday, May 19th** at 10am.

Lawn Bowling - This four session offering is currently sold out and runs from **Wednesday, May 18th to Wednesday, June 8th**. It is important to register as soon as the event comes out - firstly to ensure a spot for yourself, but even more important to let organizers know that there is enough interest to go ahead with the event. Many events have a minimum attendance that we need to reach.

Lakeside Weekly Walking Group - This weekly walking group goes out each Tuesday at 10:30am.

- **Tuesday, May 3rd** at 10:30 - Greenwood Conservation Area in Ajax
- **Tuesday, May 10th** at 10:30 - Morningside Park, Highland Creek Area
- **Tuesday, May 17th** at 10:30 - Ajax Rotary Park, Ajax
- **Tuesday, May 24th** at 10:30 - Seaton Hiking Trail
- **Tuesday, May 31st** at 10:30 - Duffins Creek, Ajax

OTHER

Our Durham

Big Band Celebration – Enjoy an afternoon of live entertainment with the George Lake Big Band at the Rec Centre on Sunday June 12th 2-4 pm. We have reserved a table and 20 tickets for our members. The cost is \$7 each. If we are sold out you will still be able to get tickets through the City. They will go on sale Monday May 16th at East Shore CC, CHD Rec Centre, George Ashe LCC. Purchase on Monday will be by debit and credit card only, no cash will be accepted.

Day Tripping

Regent Theatre - Legends Show - On **Monday, May 2nd** at 7pm. We will meet up at the Regent Theatre in Oshawa for a delightful show that brings together some of the world's most exciting performers live on stage. Accompanied by the "Rockin' Royals Band", this show will feature the most incredible tribute to Roy Orbison, Connie Francis, Jerry Lee Lewis and Elvis Presley.

Glow in the Dark Mini Golf - on **Wednesday, May 11th** at 3pm, we will be meeting at the Putting Edge in Whitby for a fun evening as we play 18 holes of mini-golf.

Hi Tea at Tartan House - on **Wednesday, June 22nd** at 2pm. Join us for a lovely afternoon tea - soup, salad, tea sandwiches, desserts, scones, jam and cream and, of course, tea.

On **Wednesday, June 28th** we are heading to Stratford where we will have lunch at the Borealis Restaurant before going to the Stratford Festival Theatre to see their production of Chicago. "With its killer score and knock-'em-dead dance numbers, this deliciously lurid tale of murder, greed, adultery - and all that jazz - packs some serious heat."

Keep up-to-date - continue to check us out on our website at [PROBUS Pickering Lakeside - Home](#) and on our Facebook page [PROBUS Pickering Lakeside | Facebook](#).

[Lynne](#)

Upcoming Events

[Ajax 5 Pin Bowling Centre](#) - Monday, 2 May 2022 1:00 PM
172 Harwood Avenue, Ajax

[Regent Theatre- Legends Show](#) - Monday, 2 May 2022 7:00 PM
50 King St. East, Oshawa

[Lakeside Weekly Walking group](#) - Tuesday, 3 May 2022 10:30 AM
Greenwood Conservation Area, Ajax

[PROBUS Global - Ladies Talk](#) - Tuesday, 3 May 2022 1:00 PM - Zoom

[Billiards](#) - Wednesday, 4 May 2022 10:30 AM
Petrina's Billiards, 21 Harwood Ave S. 2nd floor, Ajax

[Golf at Spring Creek Golf Club](#) - Thursday, 5 May 2022 10:00 AM
2425 Concession Road, Claremont

[Euchre](#) - Thursday, 5 May 2022 1:00 PM
Royal Canadian Legion - 1555 Bayly St Pickering

[Lakeside Ladies Let's Talk](#) - Friday, 6 May 2022 11:00 AM - Zoom

[Movies](#) - Monday, 9 May 2022 2:00 PM - Zoom

[Lakeside Weekly Walking group](#) - Tuesday, 10 May 2022 10:30 AM
Morningside Park, Highland Creek Area

[Not a Book Club](#) - Tuesday, 10 May 2022 1:00 PM - Zoom

[Lakeside Ladies Lunch at the Portly Piper, Ajax](#) - Wednesday, 11 May 2022 12:00 PM
235 Bayly St. West, Ajax

[Glow in the Dark - Mini Golf](#) - Wednesday, 11 May 2022 3:00 PM
Putting Edge - 75 Consumers Dr., Whitby

[Breakfast at Kathryn's](#) - Monday, 16 May 2022 10:00 AM
376 Kingston Road, Pickering

[In Stitches Club](#) - Monday, 16 May 2022 1:00 PM - Details in Event

[Lakeside Weekly Walking group](#) - Tuesday, 17 May 2022 10:30 AM
Ajax Rotary Park, Ajax

[Billiards](#) - Wednesday, 18 May 2022 10:30 AM
Petrina's Billiards, 21 Harwood Ave S. 2nd floor, Ajax

[Lawn Bowling \(session 1 of 4\)](#) - Wednesday, 18 May 2022 1:30 PM
910 Liverpool Road, Pickering

[In the Kitchen- with special guest chef](#) - Thursday, 19 May 2022 3:00 PM - Zoom

[Lakeside Weekly Walking group](#) - Tuesday, 24 May 2022 10:30 AM
Seaton Hiking Trail (Pickering)

[Trivia at the Falcon Brewery](#) - Tuesday, 24 May 2022 2:00 PM
Falcon Brewing Company, 30 Barr Rd, Ajax, ON L1S 7H1

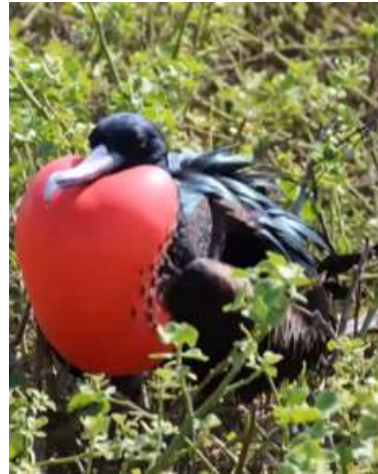
[Lawn Bowling \(session 2 of 4\)](#) - Wednesday, 25 May 2022 1:30 PM
910 Liverpool Road, Pickering

[Lakeside Weekly Walking group](#) - Tuesday, 31 May 2022 10:30 AM
Duffin's Creek, Ajax

Our Members Say

As our amazing Social Committee begins to increase the number of activities available to our membership, we have been pleased with the many comments coming in from our members, so we decided that we will start to post some of them in our monthly newsletter.

Comments about Debbie Bilinski's Travelogue of the Galapagos Islands:



"Enjoyed it as would probably never be able to do it" Mary Bennett

"The presentation was excellent with great photography. Sharon and I thoroughly enjoyed being part of the trip. Many thanks Debbie." Jim & Sharon McMinn

"It was wonderful!... Thank you! Galapagos is on my bucket list! I want to go!" Fran Sancroft

"I enjoyed it and would watch others for sure" Lorna Aspinall

And members had lots to say about the fantastic meal at the Prague Restaurant with the Tastes of the World Club:



"The food and service was great and the company excellent. Looking forward to going back and sitting on the patio" Pauline Fields

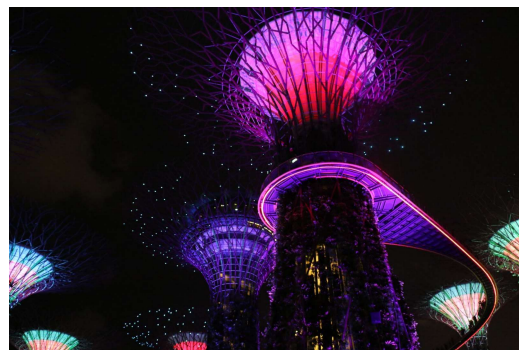
"Thank you ladies, it was a lovely evening out" Lynne Stewart

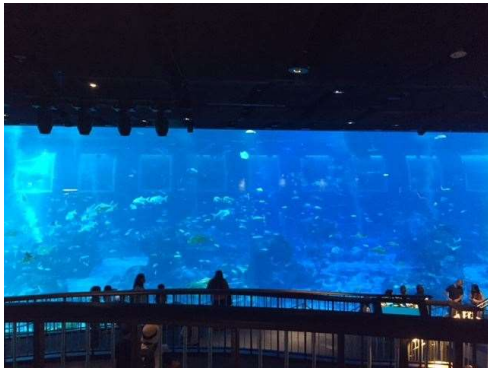
"Wonderful outing" Bill Phipps

"Thanks Maureen and Virginia for planning a great evening together. Looking forward to having more of these outings with good food and conversation" Jim McMinn

"Had a wonderful meal at the Prague restaurant last night with lots of fellow Probus Pickering Lakeside members. Thank you Maureen and Virginia for making this happen. You have set a high bar for our Tastes of the World club. Can't wait to see where we head off to next month." Elaine Phipps

Plus comments as a result of Elaine Phipps' Singapore Travelogue:





"I was in awe, your presentation was amazing. I had no idea what to expect. I have not done a lot of traveling, so to be able to experience Singapore through your eyes was wonderful." Vicki Trusdale

"An excellent presentation about Singapore today. Great photos too!" Barb McGrath

"Thanks for the wonderful presentation. Singapore looks amazing" Susan Woodward

We strongly encourage our members to let us know how you enjoy the many activities and events that your Social Committee makes happen. Post your comments on our Facebook page or send to pplc.webmaster@gmail.com and we will publish it in the next newsletter.

The Names of Things You Probably Didn't Know

The space between your eyebrows is called a **glabella**

The way it smells after it rains is called **petrichor**

The plastic or metallic coating at the end of your shoelaces is called an **aglet**

When your stomach rumbles, that's a **wamble**

The cry of a new born baby is called a **vagitus**

The prongs of a fork are called **tines**

The sheen of light that you see when you close your eyes and press your hands on them is called **phosphenes**

The tiny plastic thing placed in the middle of a pizza box is called a **box tent**

The day after tomorrow is called **overmorrow**

Your little toe or finger is called the **minimus**

The bumps on raspberries or blackberries are called **drupelets**

The space between the extended thumb and index finger is called the **purlicue**

The empty space between the bottle top and the liquid is called an **ullage**

The small, pink inner corner of the eye is called the **caruncle**

The action of throwing something or someone out of a window is called **defenestration**

Your Management Team:

President - Peter Green (pjgreen01@gmail.com)

Vice- President - Valerie Rodrigues (valerie_rodrigues@bell.net)

Past President - Jim McMinn (jimcminn51@yahoo.com)

Treasurer - Peter Davidson (pplc.treasurer@gmail.com)

Membership Coord - Sharon McMinn (mcminnsharon67@gmail.com)

Chair, Social Committee - Lynne Stewart (912lynne@gmail.com)

Speakers Coord - Laura Green (pplc.speakers@gmail.com)

Webmaster/Newsletter - Elaine Phipps (ephipps@rogers.com)

Secretary - Greg Garber (ggarber@sympatico.ca)

Member-at-Large - Gail Gobeil (gail_gobeil@msn.com)