



August 2022

Message from the President



Well, summer certainly came in with a bang over the last few weeks didn't it. It has been hot, but I guess we are luckier than most with incredible heat waves having covered most of the northern hemisphere. Thank goodness for air conditioning.

A quick thank you to Jim, Sharon and Lynne for organizing and running the Lakeside booth at the Esplanade on Canada Day. It went very well. We had a wonderful day there and the City appreciated our support..

Being the height of summer with a lot of our members vacationing, a number of our regular activities are on hiatus. However, there is still a lot going on including the Tall ship 'Challenge' event which will be amazing as will our annual BBQ. So far we have over 150 registrations for this and so I can safely guarantee it will be a lot of fun. It will be on the 17th and as per last year it will be at the Alex Robinson Park at the bottom of Squires Beach Road. By the way, we have checked with the City and you do not need to have a parking permit for this part of Pickering which makes things a lot easier for everyone.

So now we are in August and being a curious soul I googled that. August got it's name for the Roman Augustus Caesar but before that it used to be the 6th month and was called 'Sextilis'. That sounds much more interesting, However, the Saxon name for the month was Weodmontha (which means weed month) and that seems very fitting. Strangely, August 16th is the date that two entertainment icons passed away from drug overdoses. Both Marilyn Monroe and Elvis Presley died on the 16th and apparently Elvis 'sightings' around the world increase

dramatically in the days surrounding this date. In fact I think Valerie and Candice might well have an Elvis sighting soon.

Oh and by the way, Happy Lammas Day! What is this you ask? Well, this observance marked the beginning of the harvest, and especially celebrated the first wheat or corn crop. The word "lammas" comes from the Old English hlaf, (loaf,) and 'maesse', (feast) and traditionally loaves of bread are baked from the first-ripened grain and brought to the churches to be consecrated and feasted on on this day. Plus, in Ireland, baskets of blueberries were offered to a sweetheart and in Scotland, the Lammastide fairs became famous for trial marriages that could be ended without question after a year. I believe the Irish tradition is still being practiced but I doubt the Scottish one is - shame.

Lammas Day also used to mark the mid-point between the summer solstice and autumn equinox and so much lore, paganism, rituals and superstitions are associated with this day. For example, breaking a Lammas Day loaf into 4 and placing a piece in each corner of a barn would protect the recently harvested grains. There is also this proverb: 'After Lammas Day, corn ripens as much by night as by day.' Funny, as a child, my parents shared lots of proverbs with me but I don't remember ever hearing that one (and to be honest, I have no idea what it means)!

So Happy Hlaf-maesse and take care

[Peter](#)

Speakers Report



There is no Speaker scheduled for **Wednesday, August 17th** as we will be at Alex Robertson Park enjoying the company of our fellow PROBUS Pickering Lakeside members at our Annual BBQ.

We already have amazing Speakers lined up through to the end of the year. Lots of exciting things to look forward to.

[Laura](#)

Membership Report

We are slowly getting badges to members that joined during COVID or just prior. I have badges for the following people: Janet Babcock, Jack Bedi, Vicki Bedi, Tom Brown, Shalleen Butt, Joanne Binns, Marilyn Crumpton, Linda Dinning, Maureen



Emmons, Pat Hannaford, Melanie Heads, Joan Kelly, Don Larabie, Marion Liberty, Kim Miller, Carol Rydzkowski, Nicole Spence, Gaitrie Sukhu, Caroline Stevens, Sylvia Timbers, Christ Warden and Virginia Wai-Ping. Please come to the Membership table before the meeting or during the break to pick your badge up. I will have the badges at the August BBQ.

Come and see me if you are one of the above people. Also, if your spouse or a friend can pick up your badge, I can give it to them and record the person who picked it up for you.

If you have misplaced your badge please let me know and I can order you a new one, at a cost.

[Sharon](#)

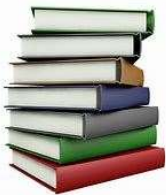
The Social Scene

It is always fun to hear what our members are doing and or did. Little did I know that when one of our members was 18, he was galivanting around France in a red sports car similar to the James Bond vehicle. My, My! It made me think – maybe we should ask our members to share some of their adventures. I know one member experienced the CN Tower walk and it wasn't that long ago. I mentioned this at our July meeting and another member mentioned that he would like to do that too! Any more takers?

Having said that, why don't you share some of your unusual adventures with us via our 'Our Durham' activity. Join us on Zoom and share your story. Let me know if you are interested.

You will notice that many of our activities will be 'on hiatus' until September as our members enjoy the summer months away at cottages, visiting friends and family or just enjoying a well earned 'staycation'.

ACTIVITY GROUPS



Book Exchange - No book exchange this month as we will be at our Annual BBQ at Alex Robertson Park.

ARTS & CRAFTS

In Stitches - Summer hiatus

BOOK CLUBS

Cover to Cover Book Club - Summer hiatus

Not a Book Club - Summer hiatus

Mystery Readers - This club will be combined under the Not a Book Club umbrella when it commences in September. If there is interest shown at that time, it can be reinstated.

FOOD & DRINK

In the Kitchen - Summer hiatus

Lakeside Ladies Lunch - Summer hiatus

Meals Out - Our breakfast outing is scheduled for **Monday, August 15th**. We are heading back to Kathryn's in Pickering.

Tastes of the World - Summer hiatus

GAMES GROUP

Ajax 5 Pin Bowling - Summer hiatus

Billiards continuing at Petrina's is back on the 1st and 3rd Wednesday of the month starting at 10:30am. The July dates will be **August 3rd** and **August 17th**.

Euchre - Summer hiatus

Trivia - Summer hiatus

Calling all Bridge players: This year we will be combining with other local PROBUS clubs for a 'Bridge Marathon'. Traditionally a 'Bridge Marathon' is a social event (and so all levels are equally welcome) where you will be playing 14 games (7 with your team hosting it and 7 'away' games) and each game will consist of a minimum of 18 deals, 6 with each of the other 3 players. The games will start in September and run through to April next year. The cost is \$30 per person which includes a lunch at the end of the year at which everyone gets a prize.

Harvey Brodhecker from the Ajax club will be the organizer of the Marathon and if you are interested in participating, please let him know asap as he will be making up the schedule during August. Harvey can be reached at hbrodhecker@yahoo.ca or 416-894-5778. Preferably you will be able to specify your partner when you register but if you don't have one, please let Harvey know and he will try and get one for you.

MOVIE CLUB

Movie Club - Summer hiatus

ONLINE CHAT

Ladies Let's Talk - will be meeting again on **Friday, August 5th** at 11am at the Gazebo on the Esplanade - weather permitting. The ladies, who attended last month, said it was quite enjoyable meeting in person instead of online, as long as the weather is good.

PHYSICAL ACTIVITIES

Golf - We will be playing at Spring Creek Golf Club, at 10am, on **Thursday, August 4th and Thursday, August 18th**.

Lakeside Weekly Walking Group - This weekly walking group goes out each Tuesday at 10:30am.

Note from Lynne Stewart: "At one point during COVID we had to totally shut down but the good ladies doing the weekly walk adhered to all of the COVID guidelines and got back up and walking as soon as they were allowed. They never missed a beat and I would like to thank Eileen Higdon, Barb McGrath and especially Lynda Borg for all of their work. Sometimes they even stopped to have a picnic! Why don't you give it a try."

NOTE: It has been brought to our attention that, in order to park near the lake, you need to have a waterfront Parking Permit. If you don't already have yours, you can Google "Waterfront Parking - City of Pickering". You will find options explaining how to get one online or if you want, you can go into City Hall and they will do the work for you there. Make sure you take your vehicle ownership permit with you.

- **Tuesday, August 2nd** at 10:30 - Rouge Park - Mast Trail - Glen Cedars Campground entrance
- **Tuesday, August 9th** at 10:30 - Highland Creek Area (Brown Bag Lunch)
- **Tuesday, August 16th** at 10:30 - Lynne Shores Conservation Area, Ajax/Whitby
- **Tuesday, August 23rd** at 10:30 - Ajax Rotary Park (Brown Bag Lunch)
- **Tuesday, August 30th** at 10:30 - Heber Downs Conservation Area

OTHER

Our Durham

Why don't you come out and enjoy a coffee or tea, waffles filled with more choices than should be allowed and gelato (if you have room) at Heaffles a European style waffle and espresso bar. I guarantee you won't be disappointed.

Day Tripping

Tall Ship Sailing - on **Thursday, September 8th** we will set sail on the Challenge Tall Ship, just steps from downtown Toronto. This 96' three-mast schooner is your ultimate upscale



destination 'on-the-go', with a sleek appearance and a chic interior and a full service bar. A full catered lunch will be included. So sit back and enjoy Toronto's fabulous waterfront.



Niagara Fallsview Casino - Come out and join us for a fun filled day at Fallsview Casino Resort on **Thursday, September 22nd**. If you are not a gambler, why not do some sightseeing, enjoy the falls or do some shopping.



Prince Edward County Wine Tour - on **Thursday, October 6th** we are heading off to Ontario wine country to visit a number of wineries, taste testing as we go. We will stop along the way for lunch and have lots of time to purchase wine to bring home.

Travel Opportunities through other PROBUS Clubs: (When contacting other clubs, please make sure you identify yourself as being part of PROBUS Pickering Lakeside.

PROBUS Club of Durham West - on **Thursday, August 25th** we will be organizing a 9 and Dine Golf Tournament. You will have the option of golf, cart and dinner, ride only and dinner or dinner only. If you are interested in registering for this event, please contact Lorna Smith at lsmith1@bell.net or 905-837-0875.

PROBUS Pickering: Golf Extravaganza - on **September 6th to 8th** we will be heading to Erie, Pennsylvania. With a two night stay at Homewood Suites we will enjoy golf at two local courses. For those non-golfers in our group, you can shop at Millcreek Mall (and there are no taxes in PA)!. If you have any questions or would like to register, contact Shirlie Van Putten at shirlievanputten@rogers.com or 905-619-8583.

Keep up-to-date - continue to check us out on our website at [PROBUS Pickering Lakeside - Home](#) and on our Facebook page [PROBUS Pickering Lakeside | Facebook](#).

[Lynne](#)

Upcoming Events

[Lakeside Weekly Walking_group](#) - Tuesday, 2 Aug 2022 10:30 AM - Rouge Park-Mast Trail-Glen Rouge Campground

[Golf at Spring Creek Golf Club](#) - Thursday, 4 Aug 2022 10:00 AM - 2425 Concession Road, Claremont

[Lakeside Ladies Let's Talk](#) - Friday, 5 Aug 2022 11:00 AM - Gazebo on the Esplanade, weather permitting

[Lakeside Weekly Walking_group & Picnic](#) - Tuesday, 9 Aug 2022 10:30 AM - Highland Creek area - Old Kingston Rd. & Military Trail

[Breakfast at Kathryn's](#) - Monday, 15 Aug 2022 10:00 AM - 376 Kingston Road, Pickering

[Lakeside Weekly Walking_group](#) - Tuesday, 16 Aug 2022 10:30 AM - Lynde Shores Conservation Area, Ajax/Whitby

[Annual Barbeque/Picnic](#) - Wednesday, 17 Aug 2022 11:30 AM - Alex Robertson Park - Sandy Beach Road

[Lakeside Weekly Walking_group + brown bag lunch](#) - Tuesday, 23 Aug 2022 10:30 AM - Ajax Rotary Park, Ajax

[Afternoon Decadence](#) - Wednesday, 24 Aug 2022 2:00 PM - 1550 Kingston Rd. Pickering

[9 and Dine](#) - Thursday, 25 Aug 2022 3:00 PM - Royal Ashburn Golf Club, 9995 Myrtle Road West, Ashburn

[Lakeside Weekly Walking_group](#) - Tuesday, 30 Aug 2022 10:30 AM - Heber Downs, Cochrane St., Whitby

[Euchre](#) - Thursday, 1 Sep 2022 1:00 PM - Royal Canadian Legion - 1555 Bayly St Pickering

[Lakeside Ladies Let's Talk](#) - Friday, 2 Sep 2022 11:00 AM - Gazebo on the Esplanade, weather permitting

[Golf Extravaganza](#) - Tuesday, 6 Sep 2022 - Homewood Suites - Erie Pennsylvania

[Tall Ship - Challenge](#) - Thursday, 8 Sep 2022 10:30 AM - Harbour Front

[Niagara Fallsview Casino](#) - Thursday, 22 Sep 2022 9:00 AM - Niagara Falls

[Prince Edward County Wine Tour](#) - 6 Oct 2022 9:30 AM - Chestnut Hill Recreation Complex - Prince Edward County

Our Members Say

As our amazing Social Committee begins to increase the number of activities available to our membership, we have been pleased with the many comments coming in from our members, so we decided that we will start to post some of them in our monthly newsletter.

Comments about our cruise on the Grand River:

"Fabulous day!" Maureen Kelly

"Great excursion, the entertainment in particular was fantastic" Laura Green

"Thank you to the organizers!" Andrea MacFarlane-Grieve

"Wonderful day, musicians were outstanding." Jan Copithorn





And Weaving on a Twig Loom brought out everyone's creative side:

"We all had a wonderful creative time" Linda Black

"It was great fun" Pauline Field

"Doubted at first but we all found our creative side" Mary Bennett



And we were on the Esplanade to help celebrate Canada Day:

"Great stuff!" Claude Rochefort

"Good display and such handsome men!" Mary Bennett

"That's awesome" Marilyn Stamp Smith

"Great picture. You guys did wonderful representing our group" Valerie Rodrigues



We strongly encourage our members to let us know how you enjoy the many activities and events that your Social Committee makes happen. Post your comments on our Facebook page or send to pplc.webmaster@gmail.com and we will publish it in the next newsletter.

Little Known Facts About Canada

With the July celebrations behind us - here are some little known facts about Canada:

The world's first UFO landing pad was built in 1967 in Alberta

Canada is the exclusive home to reindeer (a.k.a. caribou)

The Canadian Mint has a 1 million dollar coin that is USEABLE

Canada has more lakes than all other countries combined

Over 75% of the world's maple syrup comes from Quebec

42% of the Canadian population has higher education qualifications

Basketball was invented in Canada

Nanaimo bars come from Nanaimo, B.C.

License plates in the Northwest Territories and Nunavut are shaped like a polar bear

One in five Canadians were born outside of Canada

Hawaiian pizza was invented in Ontario, Canada

80% of all alcohol consumed in Canada is beer

Canada is home to the deepest underground lab in the world - Snolab in Sudbury, Ontario is more than a mile (1.6 km) underground

Ottawa holds an annual Tulip festival, filled with thousands of Tulips sent from the Netherlands

Canada has a special quarter with a glow-in-the-dark dinosaur on it

Santa Claus lives in Canada - his address is Santa Claus, North Pole H0H 0H0. Better yet, if you write him a letter from anywhere in the country, he will answer

Canada's official phone number is literally 1-800-0-Canada

35%-50% of all music broadcast on Canadian radio must be Canadian

Your Management Team:

President - Peter Green (pjgreen01@gmail.com)

Vice- President - Valerie Rodrigues (valerie_rodrigues@bell.net)

Past President - Jim McMinn (jimcminn51@yahoo.com)

Treasurer - Peter Davidson (pplc.treasurer@gmail.com)

Membership Coord - Sharon McMinn (mcminnsharon67@gmail.com)

Chair, Social Committee - Lynne Stewart (912lynne@gmail.com)

Speakers Coord - Laura Green (pplc.speakers@gmail.com)

Webmaster/Newsletter - Elaine Phipps (ephipps@rogers.com)

Secretary - Greg Garber (ggarber@sympatico.ca)

Member-at-Large - Gail Gobeil (gail_gobeil@msn.com)

