

## September 2022

# Message from the Vice-President



I am grateful to represent Probus Pickering Lakeside as your Vice-President. Since joining Probus in 2019 I have met so many people and made so many new friends. It has been exciting and rewarding.

I would like to welcome all of our new members. I hope you will enjoy Probus as much as I have since I joined. Getting involved is the key to getting the most out of Probus.

Our annual Barbeque/Picnic was once again a great success. The rain held off until we finished. We had over 150 members attend. Winners of our games were: Bingo – Gail Perks, Steve Black, Rosie MacLean & Sheila Crummey. Bean Bag Toss was won by Bob Purcell. Golf – Jim Upford and Bocce Ball was won by Steve Larson & Suzanne Chopp. Special thanks to Nick Cavaiola for helping with the Bocce Ball. He certainly knew the rules. I would like to take this opportunity to thank all of our volunteers who dedicated their time to make this event successful. Candice Blake was our organizer with a great social team to support her. Lots of fun was had by our members as we played different games. Our catering company provided an outstanding meal. Special thanks to Alan Ashby for his entertainment.

September is a very important month for the **changing of the seasons**. On September 22nd, you will witness the Autumnal Equinox. This is the changing of summer into autumn, and both the day and night measure roughly the same length of time. September is my favourite time of the year. Soon we will be picking apples and pumpkins.

September also brings us Labour Day in Canada which is celebrated on the first Monday of September. It originally gave workers the chance to campaign for better working conditions or pay. The day is now part of a long weekend for many Canadians.

September has three birth flowers: the forget-me-not, the morning glory, and the aster. Forget-me-nots represent love and memories, asters represent love as well, and the morning glory represents unrequited love. The <u>birthstone</u> for the month is the sapphire.

Many of our activities went on hiatus during the summer months but they are all coming back again. Watch for your favourite activities so you can sign up. Here are some of the events coming up in September: On September 8th come out and join us on our Tall Ship excursion where we will cruise around the Toronto Harbour and enjoy a lovely lunch. Then on September 22nd we will be heading to Fallsview Casino for a fun and exciting day (sorry, this one is sold out). Mark your calendar and Save the Date for our Christmas Luncheon planned for December 14th.

If you have any suggestions of things you would like to do please let your Social Committee know.

### **Hope You Enjoy The Funny Corner:**

Wrinkles will only go where the smiles have been. Jimmy Buffet

You know you're getting old when the candles cost more than the cake. – Bob Hope

My wife was worried about getting older, so before she woke up on her birthday, I cut off all the white hairs she had. For some reason, she woke up bald and with a bad attitude.

\*\*\*\*\*\*\*\*\*\*\*\*\*

An old couple was sitting in Church and the wife noticed that people were staring at her. She leaned across to her husband and whispered, "I've just let go a silent fart. What do you think I should do?"

He said, "I think you should get fresh batteries for your hearing aid."

Take care Valerie

### **Speakers Report**

This month, the speaker part of our meeting will be more interactive than usual. Robin Clipsham ran a very well received 'improv' session with us on Zoom during the early part of the COVID lockdown and is now returning to provide an in person session. She will first talk to us about the most important concepts and "rules" of improv and then there will be a warm up



session called the 'Odd Prop Game', which we will ALL participate in small groups. Finally 4 or 5 members will be asked to work with Robin for an Improv "class" and demonstrate the skills and activities so that we can all learn together. This promises to be a lot of fun.

Actor, director, writer, and educator, Robin has spent most of her life in theater, winning many accolades along the way. She is the founder and Artistic Director for both the Muskoka StageWorks and PRISM Theatre In The Park where she has worked with local youth

and women to present several successful outdoor and indoor theater productions. She has also taught theatre performance and production for Nipissing University and is an award-winning improvisational theatre coach.

Laura

# **Membership Report**



PROBUS Lakeside would like to welcome 12 new members that joined this summer: Ron W, Cathie C, Marilyn I, Wally B, Susan O, Jeanette K, Cheryl S, Mary F, Bev U, Jean S, Lynne O and Dave L. We are continuing to take new Pickering resident memberships and have closed membership to those that live outside of the city limits. So, feel free to invite your Pickering friends to come to our

meeting as a guest. If they enjoy it, they can sign up online or at the meeting. We are slowly getting badges to members that joined during COVID or just prior. If you have not received your badge yet please come see me at the Membership table during our September meeting.

As the old 60's song goes, "See You in September, See You when the summer's through".

Sharon

### The Social Scene

"See you in September" a memory brought to us by The Happenings in 1966 but the song was originally recorded by The Tempos in 1959. I will admit I remember the Happenings version but not the Tempos. I was way too young then!

So we will see you in September at our next meeting and just in case you wanted to know – since we closed down due to COVID in March 2020, we have had over 450 activities, meetings,

trips, etc. and over 200 have been offered since January 2022! Does that get you revving ready to move forward into the fall? How about the Tall Ships, the winery tour or Herongate? There are many other adventures in the works for you this fall. Keep your eyes open, we are adding new adventures every day.

#### **ACTIVITY GROUPS**



Book Exchange - Please remember that if you bring a book, you should take a book home. The table should be empty by the end of the meeting. Books can be placed on the book table when you first come in.

### **ARTS & CRAFTS**

Linda Black has so many ideas that I have trouble keeping up with her. In September, Linda will be offering a Quilling workshop. Quilling is an art form that involves the use of strips of paper that are rolled, shaped, and glued together to create decorative designs. This workshop will teach you some basic techniques. Linda is also working on the following workshops for the near future - Alcohol inks; macrame; paint night in the afternoon with Judity Jewer and gingerbread houses.

<u>In Stitches</u> - returns on **Monday, September 19th** at 1pm. Join a group of like minded people who enjoy working with yarn, whether knitting or crocheting.

<u>Quilling Workshop</u> - **Thursday, September 29th** at 12:30pm at the Legion.

#### **BOOK CLUBS**

<u>Cover to Cover Book Club</u> - on **Monday, September 26th** at 2pm. The book being covered is Five Little Indians by Michelle Good. This is Michelle Good's debut novel. Michelle is a Cree author from Red Pleasant Cree Nation in Saskatchewan

Not a Book Club - on **Tuesday, September 13th** at 1pm. I would ask that we only discuss one book each unless there is time to go on.

<u>Mystery Readers</u> - As there was limited interest, starting this month, this club will be combined under the Not a Book Club umbrella. If, in future, members show a renewed interest in this club, it can be reinstated.

#### **FOOD & DRINK**

<u>Lakeside Ladies Lunch</u> - has been booked for **Wednesday, September 14th** at 12 pm at Moxie's in Pickering .

<u>Meals Out</u> - Our breakfast outing is scheduled for **Monday, September 19th.** We are heading back to Kathryn's in Pickering.

<u>Tastes of the World</u> - we will be visiting the Sauters Inn in Ajax on **Wednesday September 21st.** 

### **GAMES GROUP**

Ajax 5 Pin Bowling - will be returning on October 3rd.

<u>Billiards</u> continuing at Petrina's is back on the 1st and 3rd Wednesday of the month starting at 10:30am. The September dates will be **September 7th** and **September 21st**.

<u>Euchre</u> - **Thursday, September 1st** at 1 pm at the Royal Canadian Legion on Bayly Street, Pickering

#### **MOVIE CLUB**

Movie Club - Monday, September 12th at 2pm. The movie for review this month will be Rabbit Proof Fencing available on Hoopla. Featuring the Golden Globe nominated score by Peter Gabriel, is the powerful true story of hope and survival, that has been met with international acclaim!

#### **ONLINE CHAT**

<u>Ladies Let's Talk</u> - will be meeting again on **Friday, September 2nd** at 11am at the Gazebo on the Esplanade - weather permitting. Because of the food truck event in August, we set up camp beside the municipal building right on the sidewalk. Nothing stops us! (we didn't the take up the whole... sidewalk)

#### PHYSICAL ACTIVITIES

<u>Golf</u> - We will be playing at Spring Creek Golf Club, at 10am, on **Thursday, September 1st, Thursday, September 15th and Thursday, September 29th.** 

Lakeside Weekly Walking Group - This weekly walking group goes out each Tuesday at 10:30am. NOTE: It has been brought to our attention that, in order to park near the lake, you need to have a waterfront Parking Permit. If you don't already have yours, you can Google "Waterfront Parking - City of Pickering". You will find options explaining how to get one online or if you want, you can go into City Hall and they will do the work for you there. Make sure you take your vehicle ownership permit with you.

• Tuesday, September 6th at 10:30 - Duffins Creek, Ajax

- Tuesday, September 13th at 10:30 Beachpoint Promenade, Pickering
- Tuesday, September 20th at 10:30 Carruthers Marsh Pavilion, Ajax
- Tuesday, September 27th at 10:30 Rouge Park Vista Trail, Scarborough

#### **OTHER**

### Day Tripping

Seniors Stroll in Claremont - **Thursday, September 15th** at 10am - if this is well accepted we can participate in other walks put on by the Toronto and Area Conservation Authority.

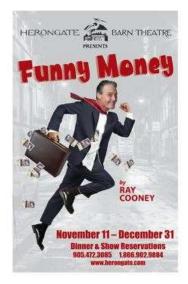


Tall Ship Sailing - on **Thursday, September 8th** we will set sail on the Challenge Tall Ship, just steps from downtown Toronto. This 96' three-mast schooner is your ultimate upscale destination 'on-thego', with a sleek appearance and a chic interior and a full service bar. A full catered lunch will be included. So sit back and enjoy Toronto's fabulous waterfront.



Prince Edward County Wine Tour - on **Thursday, October 6th** we are heading off to Ontario wine country to visit a number of wineries, taste testing as we go. We will stop along the way for lunch and have lots of time to purchase wine to bring home.

Herongate Theatre - on **Sunday, November 20th** we are meeting at Herongate Dinner Theatre for their production of Funny Money. Always a good time with a delicious buffet dinner before the show.





Simcoe Panorama Lights - on Monday, December 12th we will start off our day by going to Will's Christmas Store for refreshments and shopping. Then off to the Erie Beach Hotel for a beautiful Turkey dinner. After dinner we will

visit the Simcoe Panorama Lights Welcome Centre for a guided tour of the Simcoe Christmas Lights. This is definitely a 'must see'

opportunity.



Annual Christmas Luncheon - on Wednesday, December 14th at the Ajax Convention Centre. Musical entertainment will be provided by Johnny Cigan. John's charismatic voice will entertain you with all the songs from Elvis' early years to the concert years. Get your dancing shoes on -- it's time to Rock and Roll!

Keep up-to-date - continue to check us out on our website at <u>PROBUS Pickering Lakeside - Home</u> and on our Facebook page <u>PROBUS Pickering Lakeside | Facebook</u>.

<u>Lynne</u>

## **Upcoming Events**

Golf at Spring Creek Golf Club - Thursday, 1 Sep 2022 10:00 AM - 2425 Concession Road, Claremont

Euchre - Thursday, 1 Sep 2022 1:00 PM - Royal Canadian Legion - 1555 Bayly St Pickering

<u>Lakeside Ladies Let's Talk</u> - Friday, 2 Sep 2022 11:00 AM - Gazebo on the Esplanade, weather permitting

<u>Lakeside Weekly Walking group</u> - Tuesday, 6 Sep 2022 10:30 AM - Duffins Creek, Ajax

Tall Ship - Challenge - Thursday, 8 Sep 2022 10:30 AM - Harbour Front

Movies - Monday, 12 Sep 2022 2:00 PM - Online Zoom meeting

<u>Lakeside Weekly Walking group</u> - Tuesday, 13 Sep 2022 10:30 AM - Beachpoint Promenade, Pickering

Not a Book Club - Tuesday, 13 Sep 2022 1:00 PM - Online Zoom meeting

<u>Lakeside Ladies Lunch at Moxies Pickering</u> - Wednesday, 14 Sep 2022 12:00 PM - 1815 Liverpool Rd, Pickering

Golf at Spring Creek Golf Club - Thursday, 15 Sep 2022 10:00 AM - 2425 Concession Road, Claremont

<u>Seniors Stroll in the Claremont Conservation Area</u> - Thursday, 15 Sep 2022 10:00 AM - 2495 Concession Rd 7, Goodwood, Ontario

Euchre - Thursday, 15 Sep 2022 1:00 PM - Royal Canadian Legion - 1555 Bayly St Pickering

Breakfast at Kathryn's - 19 Sep 2022 10:00 AM - 376 Kingston Road, Pickering

In Stitches Club - Monday, 19 Sep 2022 1:00 PM - In Event Details

<u>Lakeside Weekly Walking group</u> - Tuesday, 20 Sep 2022 10:30 AM - Carruthers Marsh Pavilion, Ajax

<u>September Monthly Meeting</u> - Wednesday, 21 Sep 2022 10:00 AM - Chestnut Hill Recreation Center, 1867 Valley Farm Road, Pickering

<u>Tastes of the World - Sauters Inn Ajax</u> - Wednesday, 21 Sep 2022 5:00 PM - The Courtyard, Pickering Village 109 Old Kingston Rd., Ajax

Niagara Fallsview Casino - Thursday, 22 Sep 2022 9:00 AM - Niagara Falls

<u>Cover to Cover Book Club</u> - Monday, 26 Sep 2022 2:00 PM - Zoom

<u>Lakeside Weekly Walking group</u> - Tuesday, 27 Sep 2022 10:30 AM - Rouge Park - Vista Trail, Scarborough

Golf at Spring Creek Golf Club - Thursday, 29 Sep 2022 10:00 AM - 2425 Concession Road, Claremont

<u>Quilling Workshop</u> - Thursday, 29 Sep 2022 12:30 PM - Royal Cdn. Legion 1555 Bayly St., Pickering

<u>Prince Edward County Wine Tour</u> - Thursday, 6 Oct 2022 9:30 AM - Chestnut Hill Recreation Complex - Prince Edward County

Herongate Theatre - Sunday, 20 Nov 2022 12:00 PM - 2885 Altona Road, Pickering

Simcoe Panorama Lights - Monday, 12 Dec 2022 12:00 PM - Simcoe

<u>Annual Christmas Luncheon</u> - Wednesday, 14 Dec 2022 11:30 AM - Ajax Convention Center - 550 Beck Cres

# **Our Members Say**

As our amazing Social Committee begins to increase the number of activities available to our membership, we have been pleased with the many comments coming in from our members, so we decided that we will start to post some of them in our monthly newsletter.

Comments about our Ladies Let's Talk meeting in the Esplanade Park:

"It really was the perfect day for it. Even though we ended up putting our chairs on the public sidewalk since the setup of the weekend 'Food Truck Festival' threw us out of the Esplanade Park. Wonderful company." Elaine Phipps

"Fabulous! Such a wealth of knowledge and wisdom and fun!" Linda Theriault Blaschek

"If there is talking and/or food - I'm in! Always enjoy the conversation with our 'ladies'" Vicki Trusdale

"I think that I learn something new at every meeting! Good talks, good laughs!" Geri Amyot

Note: Lynne found a pole and decided to try some dancing.





And of course, our Annual BBQ turned out to be a huge hit with over 150 members in attendance:

"Well organized and great as usual" Mary Bennett

"Thanks to all the volunteers that made it a special barbecue" Gail Perks

"What a wonderful bbq! Even though I didn't win a thing! Thank you to Valerie and all the organizers for doing a great job" Carol Robertson

"Thank you to all the organizers great job had a great time" Jeannie Harris

"Thank you for a lovely afternoon" Ann Treacy Conroy

"Excellent! Food, company! Only complaint: I did not have a winning ticket" Linda Theriault Blaschek

"Excellent! Everything was wonderful - even the weather!" Jan Copithorn

"It was great! Lots of fun and the rain held off" Kathy Allen

"Weather held off - a few rumbles - bit of an issue hearing" Mary Bennett

"Another fabulous event. Thanks to everyone involved" Olga Green

"Wonderful afternoon and a big thanks to the organizers" Heidi Linton

"Great pics and a really good time" Lynne Stewart

"It was fun and the burger was one of the best I have ever eaten" Ralph Sagar

















And with Thanksgiving just around the corner - these pictures from our Weekly Walking Group:





We strongly encourage our members to let us know how you enjoy the many activities and events that your Social Committee makes happen. Post your comments on our Facebook page or send to pplc.webmaster@gmail.com and we will publish it in the next newsletter.

## Interesting Facts You'll Want to Share

The world's oldest wooden wheel has been around for more than 5,000 years -- Found in 2002 south of Ljubljana, Slovenia, it is now housed in the city's museum. Radiocarbon dating determined the wheel's age to be somewhere between 5,100 and 5,350 years old.

Dead skin cells are a main ingredient in household dust -- According to researchers at Imperial College London, humans shed around 200 million skin cells each hour.

Sudan has more pyramids than any country in the world -- Not only does Sudan have more pyramids than Egypt, but the numbers aren't even close. While 138 pyramids have been discovered in Egypt, Sudan boasts around 255.

The bumblebee bat is the world's smallest mammal -- Weighing in at 0.05 to 0.07 ounces, with a head-to-body length of 1.14 to 1.29 inches and a wingspan of 5.1 to 5.7 inches, the bumblebee bat - also known as Kitti's hog-nosed bat - is the smallest mammal in the world, according to the Guinness Book of World Records.

The circulatory system is more than 60,000 miles long -- If a child's entire circulatory system - we're talking veins, arteries and capillaries - were laid out flat, it would stretch for more than 60,000 miles according to the Franklin Institute.

There are parts of Africa in all four hemispheres -- For people whose education was largely focused on the Western world, it may be surprising to find out exactly how huge the continent of Africa is For instance, it spans all four hemispheres and covers nearly 12 million square miles.

The world's first animated feature film was made in Argentina -- Even if you know a lot of Disney trivia, you might assume that the honor of first animated feature film belongs to Walt Disney's 1937 move Snow White and the Seven Dwarfs. But 20 years earlier, a full-length animated feature film was made in Argentina. It was a political satire called El Postal made up o 58,000 drawings and had a running time of 70 minutes, according to the Guinness Book of World Records.

German chocolate cake was invented in Texas -- The "German" part of German chocolate cake comes from an American man named Sam German, who in 1852 created the formula for a mild dark baking chocolate bar for Baker's Chocolate Company, which was subsequently named Baker's German's Sweet Chocolate. Fast-forward to June 13, 1957, The Dallas Morning Star published the recipe for the cake, invented and submitted by a reader identified as Mrs. George Clay, according to What's Cooking America.

The Philippines consists of 7,641 islands -- The Philippines is an archipelago, which means it's made up of a group of islands - 7,641 islands, to be exact. The figure does not include the thousands of sandbars and other landforms that emerge during low tide.

A one-way trip on the Trans-Siberian Railway involves crossing 3,901 bridges -- Not only is the Trans-Siberian Railway the longest railroad in Russia, but it's also the longest one in the world. The journey takes seven days, during which time passengers pass through eight different time zones and cross 3,901 bridges.

The brand name Spam is a combination of "spice" and "ham" -- Contrary to American mythology, Spam is not an acronym for "Scientifically Processed Animal Matter" or "Shoulder of Pork and Ham".

# Your Management Team:

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Speakers Coord - Laura Green (pplc.speakers@gmail.com)

Webmaster/Newsletter - Elaine Phipps (ephipps@rogers.com)

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