

October 2022

Message from the President

So here we are in October. This is actually my favorite part of the year with warm days and cool evenings and of course the 'colours'. I encourage everybody who can, to get out and take in all the marvelous colours of our fall foliage.

October is also 'PROBUS Month' and today is PROBUS Day. This used to be recognized in the Spring but this year PROBUS Canada has changed it to October. They have done this to align it with 'National Seniors Day' here in Canada which is also aligned with the 'International Day of Older Persons'. This is a 'holiday' proclaimed by the United Nations back in 1991 which was designed to: *'increase awareness of the impact of having an*



aging population. We want people in society to be able to grow old with dignity'.

The UN website goes on to suggest a number of reasons to embrace aging and ways people can observe the International Day of Older Persons; one of which is to 'chat with an older person'. So, if strangers suddenly start talking to you today, be tolerant. They are just doing their bit. Happy PROBUS Day!

Coming back to PROBUS Month, we are planning some extra special events for you in October as a result - one of which is a Games Day at the Legion, the day after our monthly meeting. This will be a lot of fun and where we will actually celebrate the month with a cake etc. I hope to see you there.

You should also know that PROBUS Month is being fully supported by the City of Pickering and you should see a Proclamation to that effect of the City's website. If you have any friends or family who you think might benefit from joining PROBUS then this month would be an ideal time to mention PROBUS Month to them and maybe even bring them out as a guest to one of our many events.

October is of course also about Thanksgiving & Halloween. Thanksgiving is the one national holiday that has no political or religious undertones. It is purely about celebrating what a great country we live in with friends and family. What could be better than that? And maybe with the pandemic largely behind us, Halloween might regain some of its former glory this year. It would be nice to have some real trick or treating again after a relatively quiet last couple of years.

Being a curious soul I also decided to google 'October' and discovered that October 4th is 'National Noodle Day', October 16th is 'National Fossil Day', and the 'Sweetest Day' is celebrated on the 17th, I also discovered that the Anglo-Saxons' name for October was Winterfylleth, with its name containing the words for winter and full moon respectively. It was named this because winter was said to begin from the first full moon of the month. The Saxons had a name for October, too. Theirs was Wyn Monath, which translated into 'wine month' because it was the time of the year for making wine. Another excellent reason for October being my favorite month!

Take care [Peter](#)

Speakers Report

This month's speaker is Lori Oschefski.

Between 1869 and 1948 over 100,000 impoverished children, from toddlers to eighteen, were removed from the UK and sent to Canadian shores to become domestic servants and farm workers. Unlike the Guest Children who were sent here to protect them against the war, there was no intention to send the Home Children back home. Most were forever separated from their families, friends, culture and country. Most Home Children spent their lives not knowing who they were, where they had come from and why they had truly been sent to Canada.



Ms. Lori Oschefski is President of 'Home Children Canada' (HCC) - a charitable organization she founded in 2012 which is dedicated to bringing the true stories of the British Home Children to light.

Lori is a Genealogical Researcher and Advocate whose work is recognized worldwide. She has been the subject of extensive coverage with interviews and articles through news media outlets such as the BBC in England, CBC radio, CBC The National, The Scotsman (Scotland) and many other community Canadian newspapers.

Throughout the years Lori and HCC have steadily maintained their mission of cataloging Home Children stories, gathering information about the children and their lives in Canada, reconnecting families unjustly torn apart by these migrant programs, and promoting the story of the Home Children across the world. Her personal connection with this story comes through her mother, who arrived in Canada in 1924 at the tender age of 2.

Lori will share some of her research and stories of some of these children with us.

[Laura](#)

Membership Report



PROBUS Lakeside would like to welcome 1 new member that joined in September: Heather H. We are continuing to take new Pickering resident memberships and have closed membership to those that live outside of the city limits. So, invite your Pickering friends to come to our meeting as a guest. If they enjoy it, they can sign up online or at the meeting.

Remember, if your membership is coming up for renewal you get three reminders. The first reminder email goes out three weeks before your renewal date and the other two once the renewal date has come. There is a link with the email to renew directly through our system. You can check when your membership is coming up for renewal through your PROBUS Lakeside account. Click the man icon at the top of the page and a drop-down menu will show "View Profile". Choose that link and it shows your PROBUS information including your renewal date.

[Sharon](#)

The Social Scene

In October, autumn comes into full swing. Let's get in the fall mood!

October glows on every cheek,

October shines in every eye,

While up the hill and down the dale

Her crimson banners fly.

Elaine Goodale Eastman

We have quite a few activities and events this month but just in case you want more on the late evening of October 9th you should look up to see the Draconid meteor shower and on the predawn hours of October 21-22 you might catch the Orionid

meteor shower.

For our gardeners – fall is the best time to plant garlic and bulbs for spring flowers. Cut perennials 3-4 inches from the ground once the flower stalks have died and turned brown.

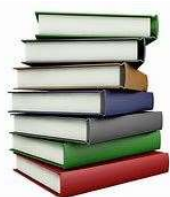
Folklore for the season –

When deer are in a gray coat in October, expect a hard winter

Much rain in October, much wind in December

A warm October means a cold February

ACTIVITY GROUPS



Book Exchange - The book exchange was a success and we will be offering another one at the October meeting. Remember, you bring a book and you take a book. The table should be empty by the end of the meeting. Books can be placed on the table when you first come in.

ARTS & CRAFTS

Alcohol Ink Workshop - on **Thursday, October 27th**, 12:30pm at the Royal Canadian Legion. Come out and create abstract or semi-abstract masterpieces using Pinata Alcohol inks. All supplies are included.

In Stitches - returns on **Monday, October 17th** at 1pm. Join a group of like-minded people who enjoy working with yarn, whether knitting or crocheting. We now have a room available at the Chestnut Hill Recreation Centre for this group to meet.

Coming up soon:

Gingerbread House Workshop – **Thursday December 1st** at the Royal Canadian Legion at 12:30. All supplies will be included. Cost \$21.

Square Share (similar to a cookie swap) will take place at the Royal Canadian Legion on **Thursday December 15th** at 1:30. All you have to do is prepare one of your recipes for bars and squares, cut them into 48 pieces and you will have a nice batch of new squares, compliments of the rest of us, just in time for Christmas!

BOOK CLUBS

Cover to Cover Book Club - on **Monday, October 31st** at 2pm. The book being covered is The Forgotten Home Child by Genevieve Graham. Contact Pauline Field if you would like to join this book club.

Not a Book Club - on **Tuesday, October 11th** at 1pm - this session will be back on Zoom

FOOD & DRINK

Lakeside Ladies Lunch has been booked for **Wednesday, October 12th** at 12pm at Kelsey's in Ajax.

Meals Out - Our breakfast outing is scheduled for **Monday, October 24th** at 10am. We are heading back to Kathryn's in Pickering.

Tastes of the World - we will meet at Paul Wong's Fine Dining & Chinese Cuisine on **Wednesday, October 26th** at 5pm

GAMES GROUP

Ajax 5 Pin Bowling - will meet on **Monday, October 3rd** at 1pm.

Billiards at Petrina's is back on the 1st and 3rd Wednesday of the month starting at 10:30am. The October dates will be **October 5th** and **October 19th**.

Crack the Case starts back up on **Tuesday, October 18th** at 1pm

Euchre - **Thursday, October 6th** at 1 pm at the Royal Canadian Legion on Bayly Street, Pickering

PROBUS Month Games Day - October is PROBUS month and to celebrate, we will be hosting a Games Day on **Thursday, October 20th** at 1pm at the Royal Canadian Legion.

Trivia - on **Tuesday, October 25th** at 2pm at the Falcon Brewery in Ajax

MOVIE CLUB

Movie Club - As the next meeting date lands on Thanksgiving Monday, this activity will be cancelled for October.

ONLINE CHAT

Ladies Let's Talk - will be meeting again on **Friday, October 7th** at 11am at the Gazebo on the Esplanade - weather permitting. The ladies all agree it is enjoyable to meet in person instead of online, as long as the weather is good.

PHYSICAL ACTIVITIES

Golf - We will be playing at Spring Creek Golf Club, at 10am, on **Thursday, October 6th and Thursday, October 20th.**

Lakeside Weekly Walking Group - This weekly walking group goes out each Tuesday at 10:30am. NOTE: It has been brought to our attention that, in order to park near the lake, you need to have a waterfront Parking Permit. If you don't already have yours, you can Google "Waterfront Parking - City of Pickering". You will find options explaining how to get one online or if you want, you can go into City Hall and they will do the work for you there. Make sure you take your vehicle ownership permit with you.

- **Tuesday, October 4th** at 10:30 - Heber Downs Conservation Area, Lyndebrook Rd
- **Tuesday, October 11th** at 10:30 - Ajax Rotary Park, Ajax
- **Tuesday, October 18th** at 10:30 - Greenwood Conservation Area, Ajax
- **Tuesday, October 25th** at 10:30 - Col Danforth Park Trail - Lawson Rd, Scarborough

Seniors Stroll in Greenwood Conservation Area - On **Monday, October 17th** at 10am, join Mary Gawen of the Toronto and Regional Conservation Authority (TRCA) for a walk through Greenwood Conservation Area.

On **Monday November 14th** at 10 am we will be having a Senior's Stroll through Alex Robertson Park thanks to the Regional Conservation Authority and Mary Gawen. This walk will feature some of the resident birds who call Pickering home during the winter months.

OTHER

On **Sunday October 23rd** as part of our PROBUS month, we are going back to the British invasion at the Markham Flato Theatre. The show will include some of our favourite Beatles tunes as well as some classic tunes from the British Isles. After the concert

you are invited to go backstage and meet the performers. Not bad for \$20!

On **Wednesday, November 2nd** at 1 pm you should come and join us with City of Pickering staff while they take us on a journey to becoming one of the most sustainable cities in Canada! There are many fun and inspiring ways we can make Pickering and our lives better socially, environmentally and economically.

Day Tripping



Toronto History Tour - Financial District - 2nd Date - on **Tuesday, November 29th**, we will be meeting up with Toronto Historian, Bruce Bell for a walk around Toronto's financial district. This tour will focus on the unique architecture and history of Bay Street and the City Halls.



Prince Edward County Wine Tour - on **Thursday, October 6th** we are heading off to Ontario wine country to visit a number of wineries, taste testing as we go. We will stop along the way for lunch and have lots of time to purchase wine to bring home.

Keep up-to-date - continue to check us out on our website at [PROBUS Pickering Lakeside - Home](#) and on our Facebook page [PROBUS Pickering Lakeside | Facebook](#).

[Lynne](#)

Upcoming Events

[Ajax 5Pin Bowling Centre](#) - Monday, 3 Oct 2022 1:00 PM, 172 Harwood Avenue, Ajax

[Lakeside Weekly Walking group](#) - Tuesday, 4 Oct 2022 10:30 AM, Heber Downs Conservation Area

[Prince Edward County Wine Tour](#) - Thursday, Oct 2022 9:30 AM, Chestnut Hill Recreation Complex

[Golf at Spring Creek Golf Club](#) - Thursday, 6 Oct 2022 10:00 AM, 2425 Concession Road, Claremont

[Euchre](#) - Thursday, 6 Oct 2022 1:00 PM, Royal Canadian Legion - 1555 Bayly St Pickering

[Lakeside Ladies Let's Talk](#) - Friday, 7 Oct 2022 11:00 AM, Gazebo on the Esplanade, weather permitting

[Lakeside Weekly Walking group](#) - Tuesday, 11 Oct 2022 10:30 AM, Ajax Rotary Park, Ajax

[Not a Book Club](#) - Tuesday, 11 Oct 2022 1:00 PM, Online Zoom Meeting

[Lakeside Ladies Lunch at Kelsey's Ajax](#) - Wednesday, 12 Oct 2022 12:00 PM, 10 Kingston Rd W Ajax

[Seniors Stroll in Greenwood Conservation Area](#) - Monday, 17 Oct 2022 10:00 AM, Greenwood Conservation Area

[In Stitches Club](#) - Monday, 17 Oct 2022 1:00 PM, Chestnut Hill Recreation Centre, Rm #2

[Lakeside Weekly Walking group](#) - Tuesday, 18 Oct 2022 10:30 AM, Greenwood Conservation Area

[Crack the Case](#) - Tuesday, 18 Oct 2022 1:00 PM, Zoom

[October Monthly Meeting](#) - Wednesday, 19 Oct 2022 10:00 AM, Don Beer Arena - Banquet Hall

[Golf at Spring Creek Golf Club](#) - Thursday, 20 Oct 2022 10:00 AM, 2425 Concession Road, Claremont

[Probus Month Games Day](#) - Thursday, 20 Oct 2022 1:00 PM, Royal Canadian Region

[MCB's British Invasion](#) - Sunday, 23 Oct 2022 2:00 PM, Markham, Flato Theatre

[Breakfast at Kathryn's](#) - Monday, 24 Oct 2022 10:00 AM, 376 Kingston Road, Pickering

[Lakeside Weekly Walking_group](#) - Tuesday, 25 Oct 2022 10:30 AM, Col Danforth Park Trail

[Trivia at the Falcon Brewery](#) - Tuesday, 25 Oct 2022, 2:00 PM, Falcon Brewing Company

[Tastes of the World - Paul Wong's Fine Dining & Chinese Cuisine](#) - Wednesday, 26 Oct 2022 5:00 PM, 376 Kingston Rd

[Alcohol Ink Workshop](#) - Thursday, 27 Oct 2022 12:30 PM, Royal Cdn Legion

[Cover to Cover Book Club](#) - Monday, 31 Oct 2022 2:00 PM, Zoom

[Seniors Stroll in Alex Robertson Park](#) - Monday, 14 Nov 2022 10:00 AM, 700 Sandy Beach Road, Pickering

[Herongate Theatre](#) - Sunday, 20 Nov 2022 12:00 PM, 2885 Altona Road, Pickering

[Toronto History Tour - Financial District](#) - Tuesday, 22 Nov 2022 9:00 AM, Go Train or Front Street

[Toronto History Tour - Financial District - 2nd Date](#) - Tuesday, 29 Nov 2022 9:00 AM, Go Train or Front Street

[Gingerbread House Workshop](#) - Thursday, 1 Dec 2022 12:30 PM, Legion - 1555 Bayly St, Pickering

[HOTEL CALIFORNIA – TRIBUTE TO THE EAGLES](#) - Saturday, 3 Dec 2022 8:00 PM, Regent Theatre, Oshawa

[Simcoe Panorama Lights](#) - Monday, 12 Dec 2022 12:00 PM, Simcoe

[Annual Christmas Luncheon](#) - Wednesday, 14 Dec 2022 11:30 AM, Ajax Convention Centre

[Square share \(similar to a cookie swap\)](#) - Thursday, 15 Dec 2022 1:30 PM, Cdn Region

Our Members Say

As our amazing Social Committee begins to increase the number of activities available to our membership, we have been pleased with the many comments coming in from our members, so we decided that we will post some of them in our monthly newsletter.

Comments about the Tall Ship Cruise:

"What a beautiful day for a Tall Ship Cruise. Valerie arranged amazing weather" Maggie Anderson

"Was great" Mary Bennett

"She certainly did" Ann Eriksson

"Great cruise weather was great. Lots of fun. Thanks to the organizers. Valerie Thanks" Jeannie Harris

"What an amazing day we had on the Tall Ship. Perfect weather, food was good, and the dancing was amazing. Lots of laughs. We all had a great time." Valerie Rodrigues

"Totally enjoyed the day on the water! So relaxing and fun" Debbie & John Bilinski





And our Weekly Walking Group had a lovely day at Claremont Conservation Area:



Robin Cliphams , our speaker in September, provided a delightful improv session that included some of our own. Members went on about how much fun they had, both watching it and being able to participate with others at their table.

"She mentioned that when people participate they end up smiling. Sure enough everyone was smiling. What a great activity!" Lynne Stewart

"She was very entertaining and fun. This would be a great trip to Muskoka to see her perform in person and on stage" Jeannie Harris

"Loved her - great meeting" Vicki Trusdale

"Enjoyed - we had fun at our table doing some of the things" Mary Bennett

"She was great. Excellent activities to keep our brains sharp" Debbie & John Bilinski

"What a fun meeting! Thank you" Carol Robertson





From our Taste of the World at Sauter's Inn:

"Once again we had a very enjoyable evening. Thanks Probus" Jan Copithorn

"Thanks Maureen for organizing a great time at Sauter's. The food was very good and the time of being together fantastic" Jim and Sharon McMinn

"Another great night out with friendly, excellent service" Debbie & John Bilinski

"That meal was amazing. Had it again last night after I returned from the Casino trip" Val Rodrigues

We strongly encourage our members to let us know how you enjoy the many activities and events that your Social Committee makes happen. Post your comments on our Facebook page or send to pplc.webmaster@gmail.com and we will publish it in the next newsletter.

Little Known Facts About the Stanley Cup

1. Who is Stanley, and what's his cup?

The Stanley Cup is named after Lord Stanley of Preston, the 1892 Governor General of Canada. He purchased the decorative cup in London for 10 guineas (around \$50 at the time). Stanley donated the cup to award Canada's top amateur hockey club after he and his family became infatuated with the sport at Montreal's 1889 Winter Carnival.

2. There are actually three Stanley Cups.

Stanley's original cup from 1892, was awarded until 1970, and is now on display at the Hockey Hall of Fame in Toronto.

In 1963, NHL president Clarence Campbell believed that the original cup had become too brittle to give to championship teams, so the Presentation Cup was created and is the well-known trophy awarded today.

The final cup is a replica of the Presentation Cup, which was created in 1993 and is used as a stand-in at the Hall of Fame when the Presentation Cup isn't available.

3. It's one of a kind.

Unlike other major league sports trophies, a new cup isn't made every year. Instead, after each championship, the names of the players, coaches, management, and staff of the winning team are added to the cup.

4. And it's always changing.

More and more teams wanted to be immortalized, so the decision was made to put a separate single ring below the original cup on which each new winning roster could be etched. By 1948, the trophy had become too tall to hold or put on display, so the shape was changed to the tiered version used today.

5. Its rings are detachable.

Since 1958, five bands of championship names are engraved around the base of the cup. When the rings become full, the oldest band is removed and preserved in the Hockey Hall of Fame. A blank replacement band is then put in its place to be filled with the names of the next champions.

6. The NHL has official engravers put each name on the cup.

In its 96-year history, there have been only four official engravers sanctioned by the NHL. The current engraver is Louise St. Jacques (creator of the replica of the Presentation Cup)

7. But they're not always perfect.

Many champion player and team names are misspelled on the Stanley Cup. The name of the 1980-81 New York Islanders is misspelled as "Ilanders," and the 1971-72 Boston Bruins' name is misspelled as "Bqstqn Bruins." Most of the errors are left as they are—it would be too costly to fix the mistakes. But fans believe the errors add to the idiosyncratic nature of the cup.

8. Some people make multiple appearances.

Henri Richard, brother of Montreal Canadiens legend Maurice "Rocket" Richard and a hockey great in his own right, is on the cup a record 11 times as a player, while Scotty Bowman appears on the cup the most for a coach with nine Stanley Cup wins as the skipper for the Red Wings, Penguins, and Canadiens.

9. The Stanley Cup isn't only for men.

Seventeen women have their names inscribed on the cup. The first was Marguerite Norris, who was the president of the Detroit Red Wings for their 1954-55 season victory. Sonia Scurfield is the only Canadian woman to have her name inscribed; she was the co-owner of the 1988-89 champion Calgary Flames.

10. The Stanley Cup has a chaperone.

The Stanley Cup is always accompanied by at least one representative of the Hockey Hall of Fame, dubbed the Keeper of the Cup. The current keeper, Philip Pritchard, has held the position since 1991 and even maintains a Twitter account to update followers on where the cup goes from day to day.

11. The cup belongs to the players ... for one day.

The NHL allows each championship team 100 off-season days with the cup (accompanied by the keeper, of course) to do with it as they wish. It was the 1994-95 New Jersey Devils who formalized the tradition of giving each player one personal day with the cup during the off-season.

12. Three babies have been baptized in the Stanley Cup.

After the Colorado Avalanche won the 1995-96 championship, defenseman Sylvain Lefebvre used his personal day with the cup to have his daughter christened in the top bowl. Eleven years later, after the Detroit Red Wings won in 2007-08, Swedish left-winger

Tomas Holmström brought the silverware back to his native country so that his cousin could baptize his 7-week-old daughter in the trophy. And in 2017, Pittsburgh Penguins forward John Archibald gave his infant son the same treatment.

13. **The Stanley Cup went to war.**

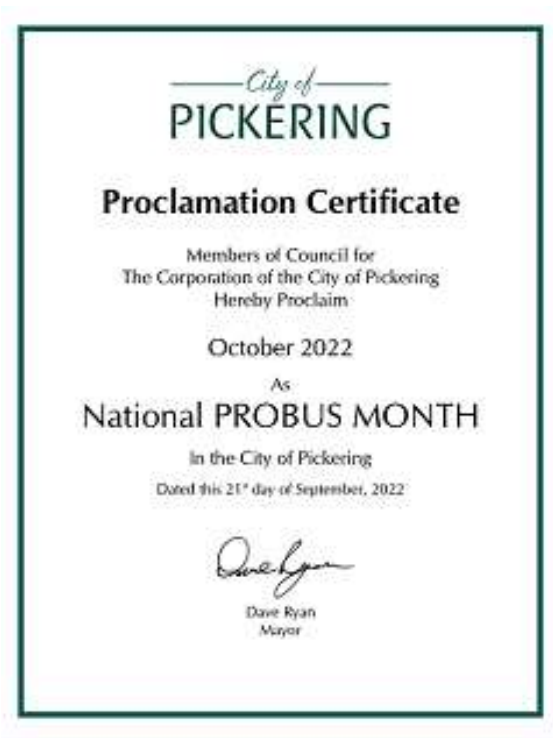
It's been all over the world, from Russia to the Czech Republic to Sweden, but in 2007, the Stanley Cup went to war. To boost morale for Canadian and American troops serving in the Middle East, the cup was flown into an active war zone at Camp Nathan Smith in Kandahar, Afghanistan, for a meet and greet.

OCTOBER IS PROBUS MONTH

Dave Ryan, Mayor of Pickering, has declared October 2022 as National PROBUS MONTH.

PROBUS Global has declared October 1 as PROBUS DAY. PROBUS Day is celebrated by PROBUS organizations in Australia, New Zealand and Canada and by individual PROBUS clubs around the world. The Mayor of Pickering has graciously recognized the PROBUS clubs in Pickering with this designation.

Our Social Committee has put together a PROBUS Month Games Day on Thursday, October 20th at 1pm at the Royal Canadian Legion. What better way to celebrate than with a Games Day and lunch! Games include euchre, bridge, cribbage, darts or billiards. Just want a light lunch and to socialize with your friends, then come on out and join us. Let's come together to celebrate this wonderful organization we are proud to be a member of.



Your Management Team:

President - Peter Green (pjgreen01@gmail.com)

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Past President - Jim McMinn (jimcminn51@yahoo.com)

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Chair, Social Committee - Lynne Stewart (912lynne@gmail.com)

Speakers Coord - Laura Green (pplc.speakers@gmail.com)

Webmaster/Newsletter - Elaine Phipps (ephipps@rogers.com)

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