



August 2023

Message from the President

I hope everybody is enjoying their summer so far and that you are all getting the opportunities to get out with friends and family and enjoy the sunshine. If not, don't forget we have walks and golf games you can sign up for.

During our last meeting, I was reminded yet again as to what a wonderful group of people PROBUS members are. Our speaker donated his fee to The Jean Grimm Memorial Children's Library - a charity that ensures needy children get books to read and educate themselves with. When Dave and Susan, our two Share the Wealth winners heard about this, they also donated their winnings to the same charity. It makes me proud to belong to such a group.

As it is the height of summer, we will not be having a meeting this month. We will have our annual picnic though. With around 200 members registered it should be a lot of fun, so I hope I'll see you there! I want to take this opportunity to thank the event organizer, Candice, and her team (volunteers all) for what I'm sure will be a well-organized and fun day.



The picnic is on the 9th which is 2 days after the August Civic Holiday. Did you know that while Monday, August 7th, is a Provincial holiday for many Canadians, it is also Terry Fox Day in Manitoba, Heritage Day in Alberta and Natal Day in Nova Scotia? PEI also has Gold Cup Day on the 15th and the Yukon has Discovery Day on the 21st. So, wherever you are, or are from, I hope you have a great day (or days!)

Take care,

[Peter Green](#)

Membership Report



PROBUS Pickering Lakeside is happy to welcome 10 new members that joined recently: Scott Boyle, Fran Gomes, Dianne Lewis, Carol Nebel, Peter West, Fiona Chapman, Anne Greenall, Jeff Greenall, Lorraine Higgins and Veronica McHugh.

[Sharon McMin](#)

July Meeting

Our July members' meeting was another well-attended success with management team updates, time to socialize, as well as a very informative guest speaker, Dennis Grimm. Dennis told us his fascinating story about setting up his winery in Argentina and shared his passion for wine. Below are some photo memories from the meeting.





Events



Here are the graduates from our second Beginner Pickleball session which was held over 4 Fridays in June. Everyone enjoyed learning to play this fast growing, fun racquet sport. A special thanks to our volunteer instructors who shared their knowledge and their love of the game. Congratulations to all. Keep on pickleballing!



Our Niagara-on-the-Lake wine tour was held on July 10th with visits to neōb Lavender, two wineries, lunch at the Queen's Landing Hotel and shopping time. Let's let some of our members tell you all about it:



Vicki T.: "AWESOME. Lunch was so good, now on my top three list for all outings. Weather was perfect and we even added an additional "shopping" adventure in NOTL. Thanks Val, it completed the trip nicely."





Joyce M.: "Had a wonderful day yesterday...meal was delicious and thoroughly enjoyed all the wine-tasting..lol...Lavender field wasn't quite in full bloom due to late planting but her talk was good...enjoyed meeting and sharing wine with some new members..and shopping was a plus...ya done good Val...you're the best."

Olga G.: "What an absolutely fabulous day. Queen's Landing lunch was the winner. All the wine was a close second. Oh, the ice cream in

Niagara on the Lake topped it off. Oh, and the shopping made the list too. Val, super awesome job organizing such a fabulous trip. Thnx. Now waiting for the next exciting excursion."



Our Annual BBQ/Picnic will be held at the Kinsmen Park this year on August 9th.

Registration will be closed on August 3rd. Cost is \$20.00 for members and \$25.00 for guests. You must be registered to attend.

We still have spots available for the following events:

October 19th – Fallsview Casino. Cost is \$47 with \$35 slot play money

October 27th – Halloween Party at Milos Greek Restaurant. (Details to follow)

December 1st – A Very Motown Christmas – Regent Theatre. Cost is \$54.00

December 5th – Niagara Festival of Lights. A second bus has been arranged. Cost is \$132.00

December 13th - Our annual Christmas luncheon will take place at the Ajax Convention Center. (Details to follow)

Do you have any suggestions that you think would be a fun event for us? Send an email to: valerievrodriques13@gmail.com

[Valerie Rodrigues](#)

The Social Scene

Once again we will do fewer words and more pictures!

It was a hazy, hot and humid but enjoyable morning for the weekly walking group who are shown here walking the trail at Carruthers Marsh heading towards Whitby.



Lots of people were out enjoying Breakfast at Kathryn's on July 17th:



Linda is busy planning out the crafts she will be offering this fall. Here's a sneak peek of the one being offered in September – Quilling – Linda will show us how to make a Quilled Christmas Tree.

Our Golf Group has been enjoying great weather and fun times at Spring Creek Golf Club. Join them if you like a relaxing round of golf. You don't have to

bring your "A game" just your enthusiasm.



A big thank you to Julia Osborne for hosting the Euchre and BBQ event for our Euchre Group members. A good time was had by all!

There are still activities to look forward to in August: Billiards, Golf, Weekly Walks, Breakfast Out, In the Kitchen, Ladies Lunch, and In Stitches.

Ideas? Suggestions? Questions? Comments? Feedback? You can reach us at: PPLC.social@gmail.com

[Julia Tonks](#)

Groups - Crafts, Culture & Chat



[Arts & Crafts](#)

On hiatus - see you in Sept.

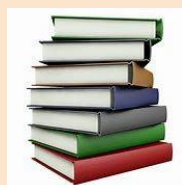
[Linda Black](#)



[In Stitches](#)

3rd Monday of the month

[Fran Sancroft](#) & [Elaine Phipps](#)



[Not a Book Club](#)

On hiatus - see you in Sept.

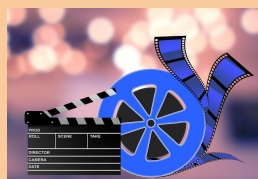
[Lynne Stewart](#)



[Cover to Cover Book Club](#)

On hiatus - see you in Sept.

[Pauline Field](#)



[Movie Club](#)

1st Monday of the month

[Elaine Phipps](#)



[Lakesides Ladies Let's Talk](#)

On hiatus - see you in Sept.

[Lynne Stewart](#)

Groups - Food & Drink



[Lakeside Happy Hour](#)

On hiatus - see you in Sept.

[Gail Gobeil](#)



[Lakeside Ladies Lunch](#)

Click the group name to check

[Gail Gobeil](#)



[Breakfast Out](#)

3rd Monday of the month

[Susan Simpson](#)



[Tastes of the World](#)

On hiatus - see you in Sept.

[Maureen Kelly](#) & [Virginia McKay](#)

Groups - Games



Bridge

Check our website for venues, dates and times.

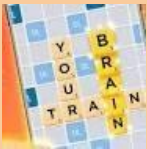
Peter Green



Euchre

On hiatus - see you in Sept.

Nancy Agostino



Scrabble

Last Friday of the month

Marilyn McLaughlin



Trivia

On hiatus - see you in Sept.

Peter Green & Roy Pettitt

Groups - Physical Activities



Billiards

The 2nd and 4th Friday of the month

Bill Phipps



Bowling

On hiatus - see you in Oct.

Gail Gobeil



Lakeside Walking Group

Every Tuesday

Lynda Borg & Barb McGrath



Lakeside Hiking Group

On hiatus - see you in Sept.

Jeff Bowers

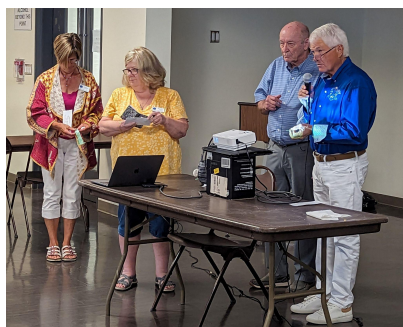


Golf at Spring Creek Golf Club

The 1st & 3rd Thursday of the month

Peter Lewarne

Share the Wealth!



The Share the Wealth draw got an assist from our guest speaker, Dennis Grimm, at our July members monthly meeting. Congratulations to our lucky members, Dave LaRoche and Susan Dysart, who held the winning tickets.



Members' Forum

We are trying something new in this newsletter - a "forum" section to which our members may contribute items of interest to our club. It needn't be long - a paragraph or two for example as space is limited. It could be informative, or maybe even creative. Send your submissions by the 20th of any month to our Newsletter Coordinator, Debbie Bilinski, at: pplc.fbmgmt@gmail.com

"Summertime, and the livin' is easy." 🎵 So goes the first line from the famous song "Summertime". We look forward to the warm weather, getting outside and spending quality time with family and friends. It's also a good time to take stock of your health and pay attention if you are experiencing any of these symptoms below. As always, follow up with your doctor if something doesn't feel right.

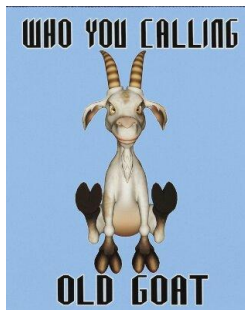


- Unexplained weight loss, indigestion, or fatigue
- Continuous fever
- Change in bowel or bladder habits
- Unnatural pain
- Change in a mole, wart, or freckle
- Sores that do not heal
- Bleeding from coughing, stool, urine or nipple
- Lump felt through skin
- Trouble swallowing
- Nagging cough
- White spots in mouth
- Very low or high blood pressure

This list was compiled by one of our members from the Mayo Clinic website at: www.mayoclinic.org/.

A Little Humour

A group of Americans was travelling on a bus tour through France and were in the Loire Valley quite near to the town of Sancerre. They stopped at the nearby village of Chavignol and visited a cheese farm where the world famous 'Crottin de Chavignol' goat's cheese is made. Their guide, who was the farmer's wife, led them through a process of cheese making, explaining how goat's milk was used.



Madame showed the group a picturesque hillside where many goats were grazing. These, she explained, were the older goats put out to pasture when they no longer produced. Madame then asked, turning to the group, 'What do you do in the USA with your old goats that aren't producing?'

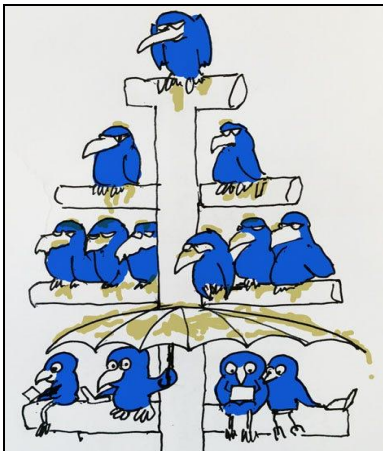
One spry and very quick elderly gentleman answered, 'They send us on bus tours.'

And More Photos

Here are some of our dedicated Billiards group members from their July 28th gathering at Petrina's Billiards in Ajax.



Your Management Team:



President - Peter Green
(pplc.president@gmail.com)

Vice-President & Events - Valerie Rodrigues
(valerievrodrigues13@gmail.com)

Treasurer - Peter Davidson
(pplc.treasurer@gmail.com)

Secretary - Greg Garber
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Membership Coord - Sharon McMinn
(mcminnsharon67@gmail.com)

Chair, Social Committee - Julia Tonks
(pplc.social@gmail.com)

Speakers Coord - Laura Green
(pplc.speakers@gmail.com)

House Coordinator - Nancy Agostino
(nancyagostino2@gmail.com)

Webmaster - Scott Smith
(pplc.webmaster@gmail.com)

Facebook & Newsletter Coordinator - Debbie Bilinski
(pplc.fbmgmt@gmail.com)

Member-at-Large - Gail Gobeil
(gail_gobeil@msn.com)

Member-at-Large - Patricia (Pat) Smith Robertson
(pplc.memberatlarge@gmail.com)



Your Club Calendar: August 2023



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Lakeside Weekly Walking Group	2	3 Golf	4	5
6	7 	8 Lakeside Weekly Walking Group	9 Annual/Picnic BBQ 	10	11 Billiards	12
13	14	15 Lakeside Weekly Walking Group	16 Lakeside Ladies Lunch	17 Golf	18	19
20	21 Breakfast at Kathryn's In Stitches Club	22 Lakeside Weekly Walking Group	23 Napanee River Boat Cruise - 2nd Tour	24	25 Billiards	26
27	28 Napanee River Boat Cruise	29 Lakeside Weekly Walking Group	30	31		